

# Rock Me

Count: 32

Wand: 4

Ebene: Improver

Choreograf/in: Chris Cleevely (UK)

Musik: Rock Your Baby - George McCrae



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## HEEL BALL STEP; HEEL BALL STEP; STEP ½ TURN RIGHT; HEEL BALL STEP

- 1&2 Present left heel forward, weight on ball of left, step forward on right  
3&4 Present left heel forward, weight on ball of left, step forward on right  
5-6 Step forward on left, pivot ½ turn right (weight on right)  
7&8 Present left heel forward, weight on ball of left, step forward on right

## ROCK, RECOVER ¾ TURN OVER LEFT SHOULDER; FORWARD RIGHT SHUFFLE; STEP ½ TURN RIGHT

- 9-10 Rock forward on left, recover weight on right  
11&12 Make a ¾ turn over left shoulder, stepping left/right/left  
13&14 Shuffle forward right, stepping right/left/right  
15-16 Step forward on left pivot ½ turn right (weight on right)

## BUMP HIPS LEFT, BUMP HIPS RIGHT; BUMP HIPS ¼ TURN LEFT, BUMP HIPS RIGHT; BUMP HIPS LEFT, BUMP HIPS RIGHT; BUMP HIPS ¼ TURN LEFT, BUMP HIPS RIGHT

- 17&18 Bump hips to the left, bump hips to the right  
19&20 Making ¼ turn right, bump hips to the left, bump hips to the right  
21&22 Bump hips to the left, bump hips to the right  
23&24 Making ¼ turn right, bump hips to the left, bump hips to the right (weight on right)

## ROCKING CHAIR ON LEFT; LEFT HEEL & CROSS; AND RIGHT HEEL & TOUCH

- 25-26 Rock forward on left, recover weight on right  
27-28 Rock back on left, recover weight on right  
29&30 Present left heel forward, take weight on left & cross right over left  
&31&32 Take weight on left & present right heel forward, take weight on right, touch left by right

REPEAT

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