Rock-It

Count: 72   **Wand:** 2   **Ebene:** Intermediate
Choreograf/in: Fred Rapoport (USA)
Musik: Baby Likes to Rock It - The Tractors

TURN-IT

1-2	Touch left to front, return to center
3-4	Touch left to left side, return to center
5-6	Touch right to front, return to center
7-8	Touch right to right side, cross right in front of left
9-10	Unwind a ½ turn to the left, hold for one beat
11-12	Touch left to front, return to center
13-14	Touch left to left side, return to center
15-16	Touch right to front, return to center
17-18	Touch right to right side, cross right in front of left
19-20	Unwind a ½ turn to the left, hold for one beat

SWING-IT

21&22	Shuffle in place (left-right-left)
23&24	Shuffle in place (right-left-right)
25-26	Rock back left 45 degrees to left, rock forward right
27&28	Shuffle in place (left-right-left)
29&30	Shuffle in place (right-left-right)
31-32	Rock back left 45 degrees to left, rock forward right
33&34	Shuffle in place (left-right-left)
35&36	Shuffle in place (right-left-right)
37-38	Rock back left 45 degrees to left, rock forward right
39-40	Step left and pivot ¼ turn to the right on right
41-42	Step left and pivot ¼ turn to the right on right
43-44	Step left and pivot ¼ turn to the right on right
45-46	Step left and pivot ¼ turn to the right on right

ROCK-IT

47-48	Hop right, pointing left to left side, hold one beat
49-50	Hop left, pointing right to right side, hold one beat
51	Hop right, pointing left to left side
52	Hop left, pointing right to right side
53	Hop right, pointing left to left side
54	Hop left, pointing right to right side
55	Cross right in front of left
56	Pivot ½ turn to the left on left
57-60	Clap twice, stomp twice (right, left)

SLAP-IT

61-62	Cross right behind left, slap with left hand, return to center
63-64	Cross left behind right, slap with right hand, return to center

TWIST-IT

65-68	Twist your hips back and forth as you lower into a squat position
69-72	Twist your hips back and forth as you rise back up