

Rock Down To!

Count: 0

Wand: 2

Ebene: Intermediate

Choreograf/in: Maggie May (UK)

Musik: Electric Avenue - Eddy Grant



Sequence: AB AB AB AA, TAG, B, A to finish

PART A

SYNCOPATED JAZZ BOX RIGHT, SAILOR SHUFFLE LEFT & RIGHT

- 1-2 Cross right over left, step back left
- &3 Step right to right side, cross left over right
- 4 Step right to right side
- 5&6 Cross left behind right, step right to right side, step left in place
- 7&8 Cross right behind left, step left to left side, step right in place

SYNCOPATED JAZZ BOX LEFT, SAILOR SHUFFLE RIGHT & LEFT

- 9-10 Cross left over right, step back right
- &11 Step left to left side, cross right over left
- 12 Step left to left side
- 13&14 Cross right behind left, step left to left side, step right in place
- 15&16 Cross left behind right, step right to right side, step left in place

MAMBO ROCKS, KICK RIGHT FORWARD, OUT OUT, HEELS TOES HEELS

- 17&18 Rock forward right, rock back left, step right beside left
- 19&20 Rock back left, rock forward right, step left beside right
- 21&22 Kick right, step out right & left small steps
- 23&24 Heels, toes, heels traveling back to center

TOE SWITCHES, OUT IN OUT, RIGHT KICK BALL CHANGE, CROSS UNWIND ½ TURN

- 25&26 Touch right toe to right side, switch onto right, touch left toe to left side
- &27&28 Switch weight onto left, tap right out in out
- 29&30 Kick right forward, step right beside left, step left beside right
- 31-32 Cross right over left unwind ½ turn left

PART B

RIGHT SIDE ROCK, RIGHT FORWARD ROCK, RIGHT SIDE ROCK, RIGHT BEHIND SIDE CROSS

- 1-2 Rock right to right side, rock left in place
- 3-4 Rock forward on right, rock back onto left
- 5-6 Rock right to right side, rock left in place
- 7-8 Cross right behind left, step left to left, cross right over left

SHUFFLE FORWARD LEFT & RIGHT WITH HEELS SWITCHES ¼ TURN LEFT & CLAP TWICE

- 9&10 Step left forward close right beside left, step left forward
- 11&12 Step right forward close left beside right, step forward right
- 13&14 Touch left heel forward, step left beside right, touch right heel forward
- &15&16 Step right beside left, touch left heel forward making ¼ turn left clap hands twice

LEFT SIDE ROCK, LEFT FORWARD ROCK, LEFT SIDE ROCK, LEFT BEHIND SIDE CROSS

- 17-18 Rock left to left side, rock right in place
- 19-20 Rock forward on left, rock back onto right
- 21-22 Rock left to left side, rock right in place
- 23&24 Cross left behind right, step right to right, cross left over right

SHUFFLE FORWARD RIGHT & LEFT WITH HEEL SWITCHES ¼ TURN LEFT & CLAP TWICE

- 25&26 Step right forward close left beside right, step forward right
27&28 Step left forward close right beside left, step forward left
29&30 Touch right heel forward, step right beside left, touch left heel forward
&31&32 Step left beside right, touch right heel making ¼ turn left clap hands twice

TAG

RIGHT SIDE ROCK, CROSS SHUFFLE RIGHT, LEFT SIDE ROCK, CROSS SHUFFLE LEFT, RIGHT MONTEREY ¼ TURN TWICE

- 1-2 Rock right to right side, rock onto left
3&4 Cross right over left, step left to left side, cross right over left
5-6 Rock left to left, rock onto right
7&8 Cross left over right, step right to right side, cross left over right
9 Touch right toe to right side
10 On ball of left make ¼ turn right, stepping right beside left
11-12 Touch left toe to left side, step left beside right
13-16 Repeat steps 9-12
-