

# Rock Bottom

Count: 32

Wand: 4

Ebene: Intermediate

Choreograf/in: Pat Stott (UK)

Musik: Rock Bottom - The Dean Brothers



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## STOMP, SWIVEL TO RIGHT - TOE, HEEL, TOE. STOMP, SWIVEL TO LEFT - TOE, HEEL, TOE

- 1-4 Stomp right foot next to left turning the right toe in, swivel right foot only to the right - toe, heel, toe and transfer weight to right foot
- 5-8 Repeat 1-4 with the left foot (transfer weight to left)

## WEAVE LEFT, ¼ TURN LEFT

- 9-12 Cross right foot over left foot, step left foot to left side, cross right foot behind left foot, turn ¼ to left and step forward on left foot
- 13-16 With weight on left foot, extend right heel forward, hold and clap, transfer weight forward on to the right foot at the same time pivot half a turn to the left, extend left foot forward, hold and clap

## HEEL, HOOK, HEEL, CLOSE, SWIVEL TO RIGHT

- 17-20 Tap left heel forward, hook left foot in front of right leg, tap left heel forward, close left foot to right
- 21-24 Swivel both feet to the right - heels. Toes, heels, toes

## MONTEREY TURN, HITCH, TOUCH, HOLD, CLAP

- 25-28 Touch right toe to right side, weight on left foot, pivot half a turn to right, close right foot to left foot, touch left toe to left side, hitch left knee up next to right leg
- 29-32 Touch left toe to left side, close left foot to right foot, touch right toe to right side, hold and clap

## REPEAT

## TAG

During the song, The Deans repeat the words "Welcome to rock bottom" 3 more times. During this, stomp the right foot on the single drum beat and hold for 3 more beats then carry on with the dance from step number 5.

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