

Rita Balou

Count: 64

Wand: 4

Ebene: Improver

Choreograf/in: Chris Peel (UK)

Musik: Rita Ballou - Vince Gill



CHARLESTON KICKS

- 1-4 Step right forward, kick left forward, step left back, touch right toe back
5-8 Step right forward, kick left forward, step left back, touch right toe beside left

VINE RIGHT, VINE LEFT

- 9-12 Side step right, step left behind right, side step right, hitch left
13-16 Side step left, step right behind left, side step left, hitch right

HIP BUMPS

- 17-20 Step right diagonally forward into hips forward, forward, back, back
21-24 Continue with hips forward, back, forward, back

DIAGONAL SHUFFLES ON THE BEAT WITH HITCH (LEADING RIGHT, THEN LEFT)

- 25-28 Step right diagonally forward, slide left beside right, step right forward into twist to left diagonal hitch left
29-32 Step left diagonally forward, slide right beside left, step left forward into twist to center, hitch right

SIDE STEPS WITH STOMPS

- 33-36 Side step right, stomp up left beside right, side step left, stomp up right beside left

SIDE STEP INTO SLOW TWIST (LEADING RIGHT, THEN LEFT)

- 37-40 Side step right into slow twist to left diagonal on balls of both feet (3 beats), touch left beside right
41-44 Side step left into slow twist to right diagonal on balls of both feet (3 beats), touch right beside left

Body now facing diagonally right. Adjust to face front during the heel switches, which follow

HEEL SWITCHES

- 45&46& Touch right heel forward, step right beside left, touch left heel forward, step left beside right
47-48 Touch right heel forward, hold position & clap!

VINE RIGHT ¼ TURN RIGHT WITH TOUCH, VINE LEFT WITH HITCH

- 49-52 Side step right, step left beside right, step ¼ turn right, hitch left
53-56 Side step left, step right beside left, side step left, hitch right

JAZZ BOX RIGHT WITH ¼ TURN (TWICE)

- 57-60 Step right across left, step left back, step ¼ turn right, step left beside right
61-64 Step right across left, step left back, step ¼ turn right, step left beside right

REPEAT