

Ringo

Count: 32

Wand: 4

Ebene: Improver hip hop

Choreograf/in: John Wilson (UK)

Musik: You're Sixteen (You're Beautiful and You're Mine) - Ringo Starr



RIGHT HEEL, LEFT HEEL, HEEL SWITCHES, ¼ TURN, TOUCH & HOLD

- 1-2 Touch right heel to front, step right foot beside left
- 3-4 Touch left foot to front, step left foot beside right
- 5&6 Touch right heel to front, step right foot beside left, touch left heel to front
- &7-8 Step left foot beside right making ¼ turn right, touch right toe in front of left, hold

FORWARD SHUFFLE, ROCK STEP, BACK SHUFFLE ROCK STEP

- 1&2 Step forward on right, close left beside right, step forward on right
- 3-4 Rock forward on left foot, recover weight on right
- 5&6 Step back on left, step right beside left, step back on left
- 7-8 Rock back on right foot, recover weight on left

MONTEREY ½ TURN, TOE SWITCHES X 3, HOLD

- 1-2 Touch right to right side, on ball of left turn ½ right stepping right beside left
- 3-4 Touch left to left side, step left beside right
- 5&6 Touch right toe to side, step right foot beside left, touch left toe to left side
- &7-8 Step left foot beside right, touch right toe to side and hold

SYNCOPATED CROSS STEPS TWICE, KICK BALL CHANGE TWICE

- &1&2 Touch right toe across left foot, step left in place, touch right toe out to right side, step left in place
- &3&4 Touch right toe across left foot, step left in place, touch right toe out to right side, step left in place
- 5&6 Kick right foot forward, step right beside left, step left in place
- 7&8 Kick right foot forward, step right beside left, step left in place

REPEAT
