

Ring My Bell

Count: 64

Wand: 4

Ebene: Improver

Choreograf/in: Lewis Lee (CAN)

Musik: Ring My Bell - Anita Ward



LEFT CROSS, RIGHT POINT, RIGHT CROSS, LEFT POINT, LEFT ROCK FORWARD, RIGHT RECOVER, LEFT BACK, RIGHT TOUCH FRONT

- 1-2 Step left across right, point right side right (click fingers both sides)
- 3-4 Step right across left, point left side left (click fingers both sides)
- 5-6 Rock left forward, recover right
- 7-8 Step left back, touch right in front of left (click fingers both sides)

RIGHT FORWARD, ½ LEFT STEP LEFT FORWARD, ½ LEFT STEP RIGHT BACK. LEFT KICK FORWARD, LEFT COASTER-STEP, RIGHT SCUFF

- 1-2 Step right forward, ½ left (6:00) step left forward
- 3-4 ½ left (12:00) step right back, kick left forward (toss hands over head)
- 5-6 Step left back, step right beside left
- 7-8 Step left forward, scuff right forward

RIGHT CROSS, LEFT SIDE, RIGHT BEHIND, LEFT SWEEP BEHIND, LEFT STEP, RIGHT SIDE, LEFT CROSS, RIGHT SWEEP FRONT

- 1-2 Step right cross left, step left side left
- 3-4 Step right behind left, sweep left behind right (keep weight on right)
- 5-6 Step left behind right, step right side right
- 7-8 Step left across right, sweep right in front of left (keep weight on left)

RIGHT ROCK FORWARD, LEFT RECOVER, ¼ RIGHT LONG STEP RIGHT SIDE, HOLD, LEFT ROCK BACK, RIGHT RECOVER, LEFT LONG STEP SIDE, HOLD

- 1-2 Rock right forward, recover left
- 3-4 ¼ right (3:00) long step right side right, hold
- 5-6 Step left behind right, recover right
- 7-8 Long step left side left, hold

RIGHT BEHIND, LEFT SIDE, RIGHT CROSS, LEFT SIDE, RIGHT ROCK BACK, LEFT RECOVER, ¼ RIGHT STEP RIGHT FORWARD, LEFT TOUCH

- 1-2 Step right behind left, step left side left
- 3-4 Step right across left, step left side left
- 5-6 Step right behind left, recover left
- 7-8 ¼ right (6:00) step right forward, touch left beside right

LEFT ROLLING VINE LEFT, RIGHT TOUCH, RIGHT ROLLING VINE RIGHT, LEFT TOUCH

- 1-2 ¼ left (3:00) step left forward, ½ left (9:00) step right back
- 3-4 ¼ left (6:00) step left side left, touch right beside left
- 5-6 ¼ right (9:00) step right forward, ½ right (3:00) step left back
- 7-8 ¼ right (6:00) step right side right, touch left beside right

LEFT CHASSE, RIGHT ROCK BACK, LEFT RECOVER, RIGHT KICK-BALL-CROSS TWICE

- 1&2 Step left side left, step right beside left, step left side left
- 3-4 Rock right behind left, recover left
- 5&6 Kick right forward, step ball of right beside left, cross left over right
- 7&8 Kick right forward, step ball of right beside left, cross left over right

Optional hand movement: right hand click fingers over right shoulder on count 5 & 7, when you do the kick

RIGHT ROCK SIDE, LEFT RECOVER, RIGHT SAILOR-STEP, LEFT SAILOR-STEP ¼ LEFT, SHOULDER BUMP (RIGHT, LEFT, RIGHT)

1-2 Rock right side right, left recover

3&4 Step right behind left, step left side left, step right side right

5&6 Step left behind right, ¼ left (3:00) step right side right, step left side left

7&8 Bump right shoulder up, bump left shoulder up, bump right shoulder up (shift weight on right)

REPEAT
