

Ring

Count: 32

Wand: 4

Ebene: Improver

Choreograf/in: Steve Lescarbeau (USA)

Musik: Ring - Gary Allan



TWO CROSSING HEEL GRINDS, KICK, KICK, COASTER

- 1-2 Cross right heel over left, swivel right heel to right as you step to the left with left
- 3-4 Cross right heel over left, swivel right heel to right as you step to the left with left
- 5-6 Kick right foot forward twice
- 7&8 Step back on right, bring left back to right, step forward on right

JAZZ BOX WITH ¼ TURN POINT, FULL TURN WITH A POINT

- 1-2 Cross left over right, step back on right
- 3-4 Step ¼ turn to left on left, point right toe to right (9:00)
- 5-6 Step ¼ turn to right on right, step ¼ turn to right on left (3:00)
- 7-8 Step ¼ turn to right on right, pivot ¼ turn on ball of right as you point left toe to left (9:00)

LEFT TOGETHER, RIGHT HEEL FORWARD, HOLD, RIGHT HEEL JACK, HOLD, AND STEP, WALK, SHUFFLE RIGHT, LEFT, RIGHT

- &1-2 Quickly step on left as you put your right heel forward, hold
- &3-4 Quickly step back on your right as you put your left heel forward, hold
- &5-6 Quickly step on the ball of your left as you step forward on right, step forward on left
- 7&8 Shuffle forward right, left, right

ROCK, RECOVER, ½ TURN SHUFFLE, ¼ TURN, ¼ TURN

- 1-2 Rock forward on left, recover weight on right
- 3&4 Shuffle left, right, left as you make a ½ turn over your left shoulder (9:00)
- 5-6 Step on right, step ¼ turn to left on left (12:00)
- 7-8 Step on right, step ¼ turn to left on left (3:00)

REPEAT
