# Restricted



Count: 32 Wand: 0 Ebene:

Choreograf/in: Joey Warren (USA)

Musik: I Like That (Stop) - Jae Millz



## STEP, CROSS-TOUCH, ½ TURN & TOUCH, SAILOR WITH HEEL, STEP-HITCH-½ TURN-& TOUCH

&1-2	Step left foot in place	cross right over left	touch left toe out to left side
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3&4 Cross left over right, ¼ turn left stepping back on right, ¼ turn left on ball of right touching left

toe out

Step left behind right, step right foot out to side, touch left heel forward

&7&8 Step down on left foot, step right forward, ½ turn left hitching left knee up, touch left out to

side

## SAILOR 1/4 TURN, HIP ROLLS, LEFT FOOT FLICK, SIDE WALKS WITH 1/2 TURN

1&2 Step left foot behind right, ¼ turn right stepping right forward, step left out to left side

3-4 Roll hips down and around to the left (weight ending up on right foot)

&5-6 Flick left foot up (bent knee), cross left over right, step right out to right side

7&8 Cross left foot over right, ¼ turn left stepping back on right, ¼ turn left stepping left foot out

#### KNEES IN & OUT, KNEES & HITCH, STEP-TOUCH, SIDE BODY ROLL, STEP-TOUCH-HEEL SWIVELS

1-2 Bend knees in, bring knees back out (weight is centered)

3&4 Bend knees in, bend knees out but establish weight on right, hitch left knee up

&5-6 Step down on left foot, touch right toe to right side, roll upper body from left to right (weight on

right)

&7&8 Step left foot next to right, touch right to right side, swivel both heels ¼ turn right and look

right, swivel heels back 1/4 turn to left (weight on left and facing 9:00)

# STEP AND DRAG, ¾ TURN, STEP OUT-OUT, STEP AND CROSS, STEP ¼ TURN, ½ TURN KNEE POPS

&1-2 Step right foot next to left, ¼ turn right stepping back on left and dragging right, ¼ turn right

and step right foot out to right side

&3&4 Step left next to right, ¼ turn right stepping right forward, step left out to left side, step right

out to right side

&5-6 Step left next to right, cross right over left, ¼ turn left stepping forward on left foot

7&8 ½ turn left stepping back on the right foot, pop right knee up, pop left knee up (put weight on

right)

#### REPEAT