

# Restless

Count: 48

Wand: 4

Ebene: Improver

Choreograf/in: Irene Hawkins (UK)

Musik: Restless - Bob McKinlay



---

## ROCK, SHUFFLE, ROCK, SHUFFLE SIDE CROSS, SIDE CROSS ¼ SHUFFLE

- 1-2-3&4 Rock forward on right, rock back on left, right shuffle back  
5-6-7&8 Rock back on left, rock forward on right, left shuffle forward  
9-10-11 Right foot step to right side, left foot cross in front, right foot step  
12-13&14 To right side, left foot cross in front, ¼ turn right, right shuffle

## ROCKS, SHUFFLES & SAILORS LEFT & RIGHT

- 15-16 Rock forward on left, rock back on right  
17&18-19&20 Left shuffle back, right shuffle back  
21&22 Left foot behind right, right foot to right side, left foot slightly to left side  
23&24 Right foot behind left, left foot to left side, right foot slightly to right, side

## ROCKS & SHUFFLES

- 25-26-27&28 Rock forward on left, rock back on right, left shuffle back  
29-30-31&32 Rock back on right, rock forward on left, right shuffle forward

## ¼ PIVOT TURN X 4 TO RIGHT

- 33-36 Left foot step forward ¼ pivot turn to right, left foot step forward, ¼ pivot turn right  
37-40 Left foot step forward ¼ pivot turn to right, left foot step forward, ¼ pivot turn right

## LEFT SAILOR, RIGHT SAILOR, KICK KICK, TRIPLE

- 41&42 Left foot behind right, right foot to right side, left foot slightly to left side  
43&44 Right foot behind left, left foot to left side, right foot slightly to right side  
45-46-47&48 Kick left foot twice, triple left, right, left in place

## REPEAT

---