

# Reality Cheque

Count: 40

Wand: 2

Ebene: Improver

Choreograf/in: Johnny S. (UK)

Musik: Reality - Helen Foley



## GRAPEVINES RIGHT & LEFT AND BRUSH TWICE

- 1-2 Step right foot to right side, step left behind right
- 3-4 Step right foot to right, brush left foot forward
- 5-6 Step left foot to left side, step right behind left
- 7-8 Step left foot to left side, brush right foot forward

## ROCK - RECOVER - STEP - HOLD TWICE

- 1-2 Rock-step right foot forward, recover weight onto left
- 3-4 Rock-step right foot back, hold
- 5-6 Rock-step left foot back, recover weight onto right
- 7-8 Rock-step left foot forward, hold

## STEP-PIVOT ½ TURN LEFT, STEP, TOUCH, LEFT SIDE MAMBO, TOUCH

- 1-2 Step right foot forward, pivot ½ turn left
- 3-4 Step right foot forward, touch left toe behind right heel
- 5-6 Rock-step left foot to left side, recover weight onto right
- 7-8 Step left beside right, touch right foot to right side

## JAZZ BOX WITH ¼ TURN RIGHT, MONTEREY WITH ¼ TURN RIGHT

- 1-2 Cross right over left, step left back into ¼ turn right
- 3-4 Step right slightly back, step left beside right
- 5-6 Touch right to right side, on ball of left pivot ¼ turn right & step right beside left
- 7-8 Touch left to left side, step left beside right

## ROCK-RECOVER, COASTER TWICE

- 1-2 Rock-step right foot forward, recover weight onto left
- 3&4 Step right foot back, step left back beside right, step right foot forward
- 5-6 Rock-step left foot forward, recover weight onto left
- 7&8 Step left foot back, step right back beside left, step left foot forward

## REPEAT

## TAG

When using Helen Foley's song "Reality" only, at the end of the dance as the music slows, complete the left grapevine, then complete - very slowly - the first 4 counts in section 2. The music is not phrased to the song "Reality" but it fits well nonetheless.