

# Ready For Action

Count: 32

Wand: 4

Ebene: Intermediate

Choreograf/in: Guyton Mundy (USA)

Musik: The Way You Move - Outkast



## **MAMBO, ¼ TURN, WEAVE, ROCK/RECOVER, ¾ TURN**

- 1&2 Rock forward on right foot, recover back on left foot, step together with right  
3&4 Rock back on left foot, recover forward on right foot, while making a ¼ turn to the left step left foot across in front of right foot  
5&6 Step right foot to right side, step left foot behind right, rock right to right side  
7-8 Recover back on left foot, sweep right foot around making a ¾ turn to the left bringing feet together with weight ending on right foot

## **STEP BACK (TWICE), HITCH, STEP, TOE SWIVEL, ROCK/RECOVER, COASTER**

- 1&2 Step back on left foot, step back on right foot, hitch left knee up  
3&4 Step forward on left heel, swivel left toe to right, bring toe back to center  
5-6 Rock forward on to left toe, recover back on right foot  
7&8 Step left foot back, step together with right foot, step forward on left foot

## **DIAGONAL SHUFFLES (TWICE), KNEE SWING WITH ½ TURN**

- 1&2 Shuffle diagonally forward to the right (right, left, right)  
3&4 Shuffle diagonally forward to the left (left, right, left)  
5 Step forward on right  
6-7-8 While circling left knee around in a to the left motion make a ½ turn to the left ending with weight on the left foot

## **SYNCOPATED WEAVE WITH ½ TURN, ¼ COASTER, SWEEP ½ TURN, BODY ROLL**

- 1&2& Step right to right side, step left behind right, make a ¼ turn to the right stepping right foot forward, step left foot to left side while making a ¼ turn to the right  
3&4 While making a ¼ turn to the right, step back with right, step together with the left, step forward right  
5-6 Make a ½ turn on right foot to the right bringing left to right  
7-8 Body roll, with weight ending on left foot

## **REPEAT**

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