

# Push The Button

Count: 32

Wand: 4

Ebene: Intermediate

Choreograf/in: Judith Campbell (NZ)

Musik: Push the Button - Sugababes



## **SIDE SHUFFLE TO RIGHT, CROSS FORWARD ROCK RECOVER BACK**

- 1&2 Shuffle to right side (right-left-right)  
34 Step/cross left over in front of right foot, rock back onto right (12:00)

## **TURN, TURN, SIDE SHUFFLE TO LEFT**

- 56 Turning  $\frac{1}{4}$  to left stepping forward on left, turning  $\frac{1}{2}$  to left stepping back on right  
7&8 Turning  $\frac{1}{4}$  to left shuffle to left side (left-right-left) (12:00)

## **ROCKING CHAIR, STEP HIP & HIP, STEP HIP & HIP**

- 1 Leaving left ball of foot stationary as you rock forward onto right foot the left heel will lift off the floor  
2-3-4 Recover/lower heel, rock back onto right foot lifting left heel, recover onto left lowering heel  
**Styling: swing the right shoulder to front on count 1, then swing right shoulder to back on count 3 using plenty of hip action**  
5&6 Step right foot out to 45 degrees right with a right hip push, push left hip out to back 45, push right hip forward 45  
7&8 Step left foot out to 45 degrees left with a left hip push, push right hip out to back 45, push left hip forward 45 (12:00)

### **Optional:**

- 5-8 Instead of hip pushes you can just do small shuffles forward (cha-cha-cha) right & left

## **STEP $\frac{1}{2}$ PIVOT LEFT, STEP, STEP $\frac{1}{2}$ PIVOT TO RIGHT**

- 1-2 Step forward on right foot,  $\frac{1}{2}$  pivot to left (weight onto left) (6:00)  
&3-4 Step right next to left, step forward on left,  $\frac{1}{2}$  pivot to right (weight onto right) (12:00)

## **STEP TO LEFT, HOLD, TURNING $\frac{1}{4}$ TO LEFT STEP TAP, STEP TAP**

- 5 Step left to left turning top of body to right at the same time pointing both index fingers to 3:00  
6 (Weight on left foot), hold  
&7 Turning  $\frac{1}{4}$  to left to face (9:00) stepping forward on right foot tapping left foot next to right foot  
&8 Stepping left foot to left side, tapping right foot next to left foot (9:00)

## **STEP SWIVEL TO LEFT (WITH SHIMMIES), 1& $\frac{1}{4}$ ROLL TO LEFT, HITCH**

- 1-4 Step right to right side and swivel  $\frac{1}{4}$  to left on the ball of both feet using shoulder shimmies or clicking fingers (6:00)

### **Weight ends on right foot**

- 5-6 Turning  $\frac{1}{4}$  to left stepping forward onto left, turning  $\frac{1}{2}$  to left stepping back onto right, (9:00)  
7-8 Turning  $\frac{1}{2}$  to left stepping forward on left, hitch right knee up (3:00)

**Optional body & head movements for count 8 (tilting top part of body & head to left side)**

**REPEAT**