

# Promises

Count: 32

Wand: 4

Ebene: Intermediate

Choreograf/in: Jos Slijpen (NL)

Musik: Promises - Kylie Minogue



## HEEL JACKS RIGHT & LEFT, ½ PIVOT TURN, ¼ PIVOT TURN

- &1&2 Step right back, touch left heel forward, step left back, close right next to left  
&3&4 Step left back, touch right heel forward, step right back, close left next to right  
5-6 Step right forward, pivot ½ turn left  
7-8 Step right forward, pivot ¼ turn left

## CROSS SHUFFLE, ROCK & CROSS, ¾ TURN LEFT, ¼ TURN SAILOR STEP LEFT

- 1&2 Cross right over left, step left to side, cross right over left  
3&4 Rock left to left side, recover weight on right, cross left over right  
5&6 Make ¼ turn left and step right back, make ½ turn left and step left forward, step right forward  
7&8 Cross left behind right, make ¼ turn left and step right to side, step left to side

## CROSS, TOUCH SIDE, KICK & TOUCH SIDE (X2)

- 1-2 Cross right over left, touch left to left side  
3&4 Kick left forward, close left next to right, touch right to right side  
5-8 Repeat 1-4

## CROSS, UNWIND, ½ TURN LEFT, LOCK SHUFFLE FORWARD, CROSS, ½ TURN RIGHT WITH 3X HEEL BOUNCES

- 1-2 Cross right over left, unwind ½ turn left (weight on left)  
3&4 Step right forward, cross left behind right, step right forward  
5-6 Sweep left in 2 counts across right  
7&8 While making ½ turn right bounce both heels 3x (3:00)

## REPEAT

## TAG

After 7th wall the music stops for 4 counts and do the following:

- 1-2 While bending forward bring right shoulder forward and put right hand on right hip, bring left shoulder forward and put left hand on left hip  
3-4 While straightening up bring right shoulder forward and bring right hand forward with palm up, bring left shoulder forward and bring left hand forward with palm up

## TAG

If you're using the track by Kylie Minogue, after 7th wall repeat counts &1-4 and start the dance again.

If you're using the track by Lee Ann Womack, after 4th wall repeat counts &1-8 and start the dance again.