

# Promises

Count: 32

Wand: 4

Ebene: Intermediate

Choreograf/in: Ian Dunn (AUS)

Musik: The Next Time - Trent Tomlinson



- 1-2 Rock left to left (moving slightly forward), step right slightly forward  
3&4 Cross left over right, turning 45 left step right back, left heel forward  
&5&6 Left in place, right forward and across left, knee pops forward, drop heels  
7&8 (Straighten up to front wall), left back, right back, left forward
- 1-2 Rock right forward, replace weight on left turning  $\frac{1}{2}$  right, (hook right across left)  
3&4 Lock shuffle forward right, left, right  
5-6 Left forward,  $\frac{1}{2}$  turn right on the balls of both feet (weight on left to finish)  
7&8 Right back, left back, right forward
- 1-2 Rock left to left, return weight onto right  
3&4 Left behind right, right to right side, left center (sailor)  
5&6 Right behind left, left to left side, right center  $\frac{1}{4}$  turn left (sailor)  
7&8 Turning a further  $\frac{1}{2}$  left, lock shuffle forward left, right, left
- 1-2& Turning  $\frac{1}{4}$  left step right to right, hold, left beside right  
3-4 Rock right to right, replace weight onto left  
5&6 Right behind left,  $\frac{1}{4}$  turn left step left forward, right forward  
7&8& Left heel forward, left beside right, right heel forward, right beside left

## REPEAT

## TAG

At the end of wall 2 facing the back before you begin wall 3 add the following tag

- 1-2 Rock left forward, return weight onto right  
3&4 Turning  $\frac{1}{2}$  left shuffle left, right, left  
5-6 Right forward turn  $\frac{1}{2}$  left, step onto left  
7&8 Shuffle forward right, left, right

## ENDING

To end complete 24 beats of the dance on wall 8 (3:00 wall). You will be facing the back wall, step right forward and stomp the left foot forward