

# Promiscuous

**COPPER** KNOB  
BY STEPHENETS

Count: 32

Wand: 4

Ebene: Improver hip hop

Choreograf/in: Signature X

Musik: Promiscuous - Nelly Furtado



## WALK, WALK, CHASSE LEFT, HOLD WITH HAND PUSHES

- 1-2 Step right forward, step left next to right  
3&4 Step left to left side, step right next to left, step left next to right  
5-8 Hold

### Option:

- 5-8 Execute hand pushes to the right then left for two sets

## WALK BACK X4, CROSS ROCK

- 1-2 Step right back, step left back  
3-4 Repeat 1-2

### Option:

- 1-4 Execute arm roll above head, starting from right  
5&6 Cross left over right, recover right back, step left to left side  
7&8 Cross right over left, recover left back, step right to right side

### Option:

- 5&6-7&8 Alternate hand pumps, starting from right pump down, then left pump down. Repeat 4x of hand pumps on each sides of cross rock

## STEP LEFT FORWARD, HIP ROLL TWICE, JUMP IN, SLAM LEFT FORWARD, PRESS LEFT BACK

- 1 Step left forward (body facing 3:00, head looking 12:00)  
2-3 Hip rolls to the right twice  
4 Jump both feet back in standing position (facing 3:00, head facing 12:00)  
5 Step left forward to 12:00 (body and head facing 12:00)  
6-7 Hold  
8 Press left behind right

### Hands option for count:

- 6 Hands open up to both sides (like wings just beside the waistline)  
7 Hands close towards front while body bending forward, as though in the act of diving forward  
8 Hands open up to both sides again (hands option 6)

## STEP TOUCH, STEP PRESS, STEP TOUCH ¼ RIGHT, STEP, HOLD

- 1-2 Step left to left side, step right next to right

### Hands option:

- 2 Left hand points to the left, as though saying "hey you!"  
3-4 Step right to right side, step left behind right  
5-6 Repeat 1-2 by stepping left to left side facing 3:00  
7 Step right to right side, heads looking at 12:00, body at 3:00  
8 Hold, turning head towards front

## REPEAT