

# Poor Boy Shuffle Mixer (P)

Count: 64

Wand: 0

Ebene: Partner

Choreograf/in: Michele Burton (USA) & Michael Barr (USA)

Musik: Poor Boy Shuffle - The Tractors



## MAN'S FOOTWORK

### SHUFFLE 3X, ¼ TOUCH, SIDE TOUCH

- 1&2 Shuffle forward (left, right, left)
- 3&4 Shuffle forward (right, left, right)
- 5&6 Shuffle forward (left, right, left)
- 7-8 Step right forward into ¼ turn left, touch left beside right

### SIDE, TOUCH, ¼, ¼ BRUSH, CROSS & CROSS & CROSS, HOLD

- 1-2 Step left side left, touch right beside left
- 3-4 Step right into ¼ turn right, brush left over right into ¼ turn right on ball of right
- 5&6 Step left over right, step right side right, step left over right
- &7-8 Step right side right, step left over right, hold

### HEEL JACK, HEEL TOUCH, SIDE TOUCH, SIDE TOUCH

- &1&2 Step back on right foot, touch left heel forward, step left in place, touch right beside left
- &3-4 Step back on right foot, touch left heel forward, touch left beside right
- 5-8 Step left to left, touch right beside left, step right side right, touch left beside right

### SHIMMY BACK, SHIMMY FORWARD

- 1-4 Step back on left and shimmy shoulders (leaning back)
- 5-8 Shimmy shoulders forward (leaning forward, weight right)

### DO-SI-DO WITH YOUR PARTNER

- 1-4 Step forward left, right, cross left over right, step back on right
- 5-8 Step back left, right, left, right (angling left)

### FORWARD TAP, SLAP TWICE, STEP CROSS STEP

- 1-4 Step forward left, touch right beside left, slap hands with partner twice
- 5-6 Step back on right, cross back left over right (angling back)
- 7-8 Step back on right, hold

### GREAT GOSH SAKE, SLAP SLAP, CLAP CLAP

- 1-4 Lean back on right, shake hips while raising hands overhead (shake them too)
- 5-8 Slap hands twice on sides of legs, clap hands twice

### ELBOW SHUFFLE, WALK 4 TIMES, CHANGE PARTNER

- 1&2 Shuffle forward (left, right, left) and hook right elbow with partner
- 3&4 Shuffle (right, left, right) with partner, making a ¼ revolution to RLOD
- 5-6 Step left forward, step right forward into ¼ turn right
- 7-8 Step left forward, step right forward into ¼ turn right

**New partner is on the right**

**As the change happens, the man will step across LOD in front of his new partner meeting her on his right.**

**Adjust steps as needed**

**Say hi to your new partner and begin again**

**REPEAT**

## **LADY'S FOOTWORK**

### **SHUFFLE THREE TIMES, ¼ TOUCH, SIDE TOUCH**

- 1&2 Shuffle forward right, left, right
- 3&4 Shuffle forward left, right, left
- 5&6 Shuffle forward right, left, right
- 7-8 Step left forward into ¼ turn, touch right beside left

### **SIDE, TOUCH, ¼, ¼ BRUSH, CROSS & CROSS & CROSS, HOLD**

- 1-2 Step right side right, touch left beside right
- 3-4 Step left into ¼ turn left, brush right over left into ¼ turn left on ball of left
- 5&6 Step right over left, step left side left, step right over left
- &7-8 Step left side left, step right over left, hold

### **HEEL JACK, HEEL TOUCH, SIDE TOUCH, SIDE TOUCH**

- &1&2 Step back on left foot, touch right heel forward, step right in place, touch left beside right
- &3-4 Step back on left foot, touch right heel forward, touch right beside left
- 5-8 Step right to right, touch left beside right, step left side left, touch right beside left

### **SHIMMY BACK, SHIMMY FORWARD**

- 1-4 Step back on right and shimmy shoulders (leaning back)
- 5-8 Shimmy shoulders forward (leaning forward, weight left)

### **DO-SI-DO WITH YOUR PARTNER**

- 1-4 Step forward right, left, right, cross left over right
- 5-8 Step back right, left, right, left (angling right)

### **FORWARD TAP, SLAP 2X, STEP CROSS STEP**

- 1-4 Step forward right, touch left beside right, slap hands with partner twice
- 5-6 Step back on left, cross back right over left (angling back)
- 7-8 Step back on left, hold

### **GREAT GOSH SHAKE, SLAP SLAP, CLAP CLAP**

- 1-4 Lean back on left, shake hips while raising hands overhead (shake them too)
- 5-8 Slap hands twice on sides of legs, clap hands twice

### **ELBOW SHUFFLE, WALK FOUR TIMES, CHANGE PARTNER**

- 1&2 Shuffle forward right, left, right and hook right elbow with partner
- 3&4 Shuffle left, right, left with partner making a ¼ revolution to face LOD
- 5-6 Walk forward right, left on right diagonal
- 7-8 Walk forward right, left

**New partner is on your left**

**As the change happens the lady will walk up to her new partner to her left. Adjust steps as needed.  
Say hi to your new partner and begin again**

**REPEAT**

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