

# Ponerosa Strut

Count: 128

Wand: 1

Ebene:

Choreograf/in: Donna Smith

Musik: Unknown



- 1-4 Walk forward right-left-right-left/hitch.  
5-8 Continue walk forward left-right-left-right/hitch.  
9-14 Shuffle backward right-left-right, left-right-left, right-left-right.
- 15&16 Shuffle backward left-right-left with  $\frac{1}{4}$  turn to left.  
17-30 Repeat steps 1-14.  
31&32 Shuffle backward left-right-left with  $\frac{1}{2}$  turn to left.  
33-48 Repeat steps 1-16.  
49-52 Walk backward right-left-right-left/hitch.  
53-56 Continue walk backward left-right-left-right/hitch.  
57-62 Shuffle forward right-left-right, left-right-left, right-left-right.  
63&64 Shuffle in place left-right-left.
- 65- Heel split (left to left & right to right).  
66- Toe fan (left to left & right to right).  
67-68 Repeat steps 65-66.  
69-72 Two hip pushes to right, two hip pushes to left.  
73- Toe fan (left to right & right to left).  
74- Heel fan (left to right & right to left).  
75-76 Repeat step 73, bring heels together.  
77-78 Step forward right, pivot  $\frac{1}{2}$  turn to left.
- 79-80 Step forward right, pivot  $\frac{1}{2}$  turn to left.  
81-84 Grapevine right, hitch left.  
85-88 Grapevine left, hitch right.  
89-120 Repeat steps 57-88.  
121-126 Repeat steps 9-14.  
127&128 Shuffle in place left-right-left.

**REPEAT**

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