

Plastered

Count: 32

Wand: 4

Ebene: Intermediate

Choreograf/in: Mare Dodd (USA)

Musik: 18 Wheels and a Crowbar - BR5-49



SAILOR SHUFFLES & KICK-BALL-CHANGE

1&2 Right sailor shuffle
3&4 Left sailor shuffle
5&6 Right sailor shuffle
7&8 Left kick-ball-change

SHUFFLE FORWARD; ½ PIVOT; SHUFFLE FORWARD; ¼ PIVOT

1&2 Shuffle forward left-right-left
3-4 Step forward on right; pivot ½ left
5&6 Shuffle forward right-left-right
7-8 Step forward on left; pivot ¼ left

SAILOR SHUFFLES & KICK-BALL-CHANGE

1&2 Left sailor shuffle
3&4 Right sailor shuffle
5&6 Left sailor shuffle
7&8 Right kick-ball-change

SHUFFLE FORWARD; FULL TURN FORWARD; SHUFFLE FORWARD; PIVOT ½

1&2 Shuffle forward right-left-right
3-4 Moving forward, turn full turn right, stepping left, right
5&6 Shuffle forward left-right-left
7-8 Step forward on right; pivot ½ left

REPEAT
