

Pina Co-Cha-Cha

Count: 32

Wand: 2

Ebene: Improver

Choreograf/in: Jeannette Birch (USA) & Chuck Hagan

Musik: Two Pina Coladas - Garth Brooks



LINDY LEFT, LINDY RIGHT

- 1&2 Side shuffle left-right-left
- 3-4 Rock step back right, rock forward left
- 5&6 Side shuffle right-left-right
- 7-8 Rock back left, rock forward right

SHUFFLE LEFT, STEP RIGHT, ½ LEFT, SHUFFLE RIGHT, SHUFFLE LEFT

- 9&10 Shuffle forward left-right-left
- 11-12 Step forward right, pivot ½ turn left shifting weigh to left
- 13&14 Shuffle forward right-left-right
- 15&16 Shuffle forward left-right-left

STEP RIGHT, ¾ LEFT, SHUFFLE RIGHT, STEP LEFT, ½ RIGHT, SHUFFLE LEFT

- 17-18 Step forward right, pivot ¾ turn left shifting weigh to left
- 19&20 Shuffle forward right-left-right
- 21-22 Step forward left, pivot ½ turn right shifting weigh to right
- 23&24 Shuffle forward left-right-left

½ PIVOT LEFT/ROCK BACK RIGHT, RECOVER LEFT, SHUFFLE RIGHT

- & Pivot ½ turn left on ball of left
- 25-26 Rock step back right, rock forward left
- 27&28 Shuffle forward right-left-right

½ PIVOT RIGHT/ROCK BACK LEFT, RECOVER RIGHT, ¼ RIGHT/STEP LEFT, TOGETHER RIGHT

- & Pivot ½ turn right on ball of right
- 29-30 Rock step back left, rock forward right
- 31-32 Pivot right ¼ and step left, step right beside left

REPEAT
