Phenomenon



Count: 46 Wand: 1 Ebene: Intermediate/Advanced

Choreograf/in: Charles Johnson

Musik: Phenomenon - LL Cool J



THE DIP, "BIG-DADDY" STRUT, STEP, TURN

&1-2 Step right slightly to rear, step left forward, dip right shoulder while bringing right arm straight

down to rear-knees bent a little-and angle shoulders to right

&3 Step left next to right, step forward right and bring up left arm

4 Step forward left (bring up right arm and lower left)

5-6 Repeat 3-4

7-8 Repeat 3, make ¼ turn left (weight on right)

1/2 TURN, TOUCHES AND KICKS WITH A STEP

&1-2 Step left slightly to rear, step forward right, make ½ turn left (weight on left)

Touch right to right side, step right next to left, touch left to left side

Step left next to right, kick right foot forward, step right next to left

Kick left foot to rear, step left next to right, kick right foot forward

&8 Step right next to left, step forward left (taking weight)

3/4 TURN, SIDE ROCK, SAILOR-TURN, SIDE ROCK

1-2 On left make ¾ turn right pushing off with right foot, step right to right side

3-4 Rock hips to right and let hands follow motion to right, rock hips to left and let hands follow

motion to left (weight to left)

5&6 Step right behind left with ¼ turn right, step left forward, with ¼ turn right-cross stepping right

in front of left

7-8 Stepping left to left side repeat 3, 4 going from left to right

End with weight on right

SAILOR TURN, KICK-BALL-TURN, & STEP, BODY SHIFTS

1&2 Step left behind right and ¼ turn left, step right next to left, step forward left

Kick right forward, step down right, quick ½ turn left on ball of right ending with weight on

right with knee slightly bent and left toe pointing forward

&5-6-7-8 Step forward left taking weight, turn ¼ right bringing feet together (weight on both), shift

upper body to right, to left, to center

"SHAKE IT", HEAD MOVE

For counts 1-4, left heel follows hands and hips

Step slightly forward left and begin to raise hands up to right (about chest level)
 Continue raising hands up (to left) about head level and moves hips to left

Lower hands to right and move hips to right, lower hands to left and move hips to left

&3&4& Repeat &1&2, step left next to right 5 Place left hand to back of head/hat

6 Quickly move hand around head to the left

Finish the motion by placing left hand on left cheek
Rush head to look right, turn head back forward

RAISES, KICKS, STEPS, AND TURNS

1-2 Raise left knee, on right make ¼ turn left

3-4 Step down left and take weight, kick forward right5-6 Swing/kick right to rear, swing/raise right knee in front