

# Pedal To The Metal

Count: 48

Wand: 4

Ebene: Intermediate

Choreograf/in: Peter Metelnick (UK)

Musik: Lucky Arms - John Michael Montgomery



## RIGHT GRAPEVINE, STEP APART, HOLD & CLAP, BUMPS LEFT AND RIGHT

- 1-2 Step right on right foot, cross left behind right  
&3-4 Hop step right foot apart, hop step left foot apart (feet apart), hold and clap  
5-6 Bump hips left twice  
7-8 Bump hips right twice

## POINT LEFT, HOLD, POINT RIGHT, HOLD, CROSS, UNWIND $\frac{3}{4}$ LEFT, KICK LEFT TWICE

- 9-10& Touch left toes to left side, hold (clap optional), step left in place  
11-12 Touch right toes to right side, hold (optional clap)  
13-14 Cross right foot over left, unwind  $\frac{3}{4}$  turn left ending with weight on right foot  
15-16 Kick left foot forward twice

## SHUFFLE BACK RIGHT AND LEFT, ROCK BACK, RECOVER, STEP APART, HOLD & CLAP

- 17&18 Step back on left, step right beside left, step back on left  
19&20 Step back on right, step left beside right, step back on right  
21-22 Rock back on left foot, recover on to right foot hop step left foot apart  
23-24 Hop step right foot apart, hold and clap (end with feet shoulder width apart)

## SWIVEL RIGHT TOGETHER, 4 HEEL SWIVELS WITH $\frac{1}{4}$ TURN LEFT

- 25-28 With weight on left foot swivel right heel left, swivel right toes left, swivel right heel left, swivel right toes left ending with feet together  
29-31 With weight on balls of both feet, swivel heels, left, right, left  
32 Swivel heels right turning  $\frac{1}{4}$  turn left (end with weight on left foot)

## SHUFFLE FORWARD RIGHT, HITCH WITH $\frac{1}{2}$ TURN RIGHT, BACK HITCH, COASTER STEP

- 33&34 Step forward on right, step left beside right, step forward on right  
35-36 Step forward left, hitch right knee up and turn  $\frac{1}{2}$  turn right on left foot  
37-38 Step back on right, hitch left knee up  
39&40 Step back on left, step right beside left, step forward left

## SHUFFLE FORWARD RIGHT AND LEFT, STEP, $\frac{1}{2}$ TURN LEFT, STEP, $\frac{1}{4}$ TURN LEFT

- 41&42 Step forward right, step left beside right, step forward right  
43&44 Step forward left, step right beside left, step forward left  
45-46 Step forward right, pivot  $\frac{1}{2}$  turn left  
47-48 Step forward right, pivot  $\frac{1}{4}$  turn left (weight ends on left foot)

**REPEAT**

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