

Out Of My Mind

Count: 48

Wand: 4

Ebene: Improver

Choreograf/in: Jo Kenyon (UK)

Musik: Out of My Mind - Will Young



WALKS FORWARD, KICK, WALKS BACK, TOUCH

- 1-2 Step right forward, step left forward
- 3-4 Step right forward, kick left forward
- 5-6 Step left back, step right back
- 7-8 Step left back, touch right to left

WALKS FORWARD, KICK, WALKS BACK, TOUCH

- 1-2 Step right forward, step left forward
- 3-4 Step right forward, kick left forward
- 5-6 Step left back, step right back
- 7-8 Step left back, touch right to left

FULL TURN TO RIGHT CLAP, GRAPEVINE TO LEFT CLAP

- 1-2 Step right to right side, step left over right turning $\frac{1}{2}$ to right
- 3-4 Step right back turning $\frac{1}{2}$ to right, touch left to right
- 5-6 Step left to left side, cross right behind left
- 7-8 Step left to left side, touch right beside left and clap

FULL TURN TO RIGHT CLAP, GRAPEVINE TO LEFT CLAP

- 1-2 Step right to right side, step left over right turning $\frac{1}{2}$ to right
- 3-4 Step right back turning $\frac{1}{2}$ to right, touch left to right
- 5-6 Step left to left side, cross right behind left
- 7-8 Step left to left side, touch right beside left and clap

KICK BALL CHANGES, SIDE, CLOSE, SIDE, CLOSE

- 1&2 Kick right forward, right in place, left in place (small steps)
- 3&4 Kick right forward, right in place, left in place (small steps)
- 5-6 Step right to right, close left to right
- 7-8 Step right to right, close left to right

HEEL, TOE, HEEL, LIFT, BACK TWINKLE

- 1-2 Right heel forward, right toe tap back
- 3-4 Right heel forward, lift right knee up turning $\frac{1}{4}$ to left
- 5-6 Step right back, close left to right
- 7-8 Step right forward, close left to right

REPEAT
