

Ophelia

Count: 32

Wand: 4

Ebene: Improver

Choreograf/in: Michel Platje (NL) & Maurice van der Harst

Musik: Ophelia - Vince Gill



CROSS STEP 4X

- 1 Step out on your right foot, to the right
- & Move your left foot next to your right foot
- 2 Put your right foot crosswise over left
- 3 Step out on your left foot to the left
- & Put your right foot next to your left foot
- 4 Step out on your left foot crosswise over right
- 5 Step out on your right foot, to the right
- & Move your left foot next to your right foot
- 6 Put your right foot crosswise over left
- 7 Step out on your left foot to the left
- & Put your right foot next to your left foot
- 8 Step out on your left foot crosswise over right

STEP, ½ TURN, ½ TURN BACK SHUFFLE, MAMBO STEPS

- 1 Step forward on right foot
- 2 ½ turn over your left shoulder weight on left foot
- 3&4 Step right foot behind left foot & close left foot next to right foot, step back on right foot
- 5 Step out on your left foot to the back
- & Step on right foot(weight back on right foot)
- 6 Put your left foot next to your right foot
- 7 Step out on your right foot to the back
- & Step on left foot(weight back on left foot)
- 8 Put your right foot next to your left foot stand on toes

TOE TWIST, SYNCOPATED VINE, ¼ TURN RIGHT SHUFFLE, ½ TURN, SHUFFLE

- & Twist standing on toes heels to right side moving body upwards
- 1 Twist standing on toes heels to left side
- 2 Cross left over right
- & Step right to right side
- 3 Cross left foot behind right(rising on toes)
- 4 Step right foot ¼ turn right
- & Step left foot behind right
- 5 Step right foot in forward
- 6 Step left foot in front of right
- 7 ½ turn over right shoulder weight on right foot
- 8 Step left foot in front of right
- & Step right foot behind left
- 1 Step left foot forward

WALK WALK, WALK, STEP ½ TURN, TRIPLE STEP ½ TURN RIGHT

- 2 Walk right
- 3 Walk left
- 4 Walk right
- 5 Step left foot forward
- 6 ½ turn over right shoulder step forward on right foot

- 7 ½ turn step on left foot
- &
- 8 Step on right foot
- Step on left foot

REPEAT
