

Onie's Bop

Count: 64

Wand: 4

Ebene: Improver

Choreograf/in: DJ Dan (NL) & Wynette Miller (NL)

Musik: Onie's Bop - BR5-49



HEEL-TOE SPLIT, OUT, OUT, IN, IN

- 1-2 Fan both heels out, fan both heels back
- 3-4 Fan both toes out, fan both toes back
- 5-6 Step right to right side, step left to left side
- 7-8 Step right to center, step left to center

HEEL-TOE SPLIT, OUT, OUT, IN, TOUCH

- 9-10 Fan both heels out, fan both heels back
- 11-12 Fan both toes out, fan both toes back
- 13-14 Step left to left side, step right to right side
- 15-16 Step left to center, touch right next to left

TOE STRUT FORWARD RIGHT & LEFT, MAMBO FORWARD, HOLD

- 17-18 Step right toe forward, drop right heel
- 19-20 Step left toe forward, drop left heel
- 21-24 Rock right forward, recover weight on left, step right next to left, hold

TOE STRUT BACK LEFT & RIGHT, COASTER STEP, HOLD

- 25-26 Step left toe back, drop left heel
- 27-28 Step right toe back, drop right heel
- 29-32 Step left back, step right next to left, step left forward, hold

TOE STRUT TO RIGHT SIDE, MAMBO CROSS, HOLD

- 33-34 Step right toe to right side, drop right heel
- 35-36 Cross left toe over right, drop left heel
- 37-40 Rock right to right side, recover weight on left, cross right over left, hold

TOE STRUT TO LEFT SIDE, MAMBO CROSS, HOLD

- 41-42 Step left toe to left side, drop left heel
- 43-44 Cross right toe over left, drop right heel,
- 45-48 Rock left to left side, recover weight on right, cross left over right, hold

DIAGONAL STEP BACK, DRAG TO LOCK & CLAP, X3, DIAGONAL STEP BACK, STEP ¼ TURN LEFT

- 49-50 Step right diagonally right back, drag left to lock in front of right & clap
- 51-52 Step right diagonally right back, drag left to lock in front of right & clap
- 53-54 Step right diagonally right back, drag left to lock in front of right & clap
- 55-56 Step right diagonally right back, step left ¼ turn left

ROCKING CHAIR, STEP, PIVOT ½ TURN LEFT, STOMP, HOLD & CLAP

- 57-58 Rock right forward, recover weight on left
- 59-60 Rock right back, recover weight on left
- 61-62 Step right forward, pivot ½ turn left
- 63-64 Stomp right next to left, hold & clap

REPEAT

Mambo and coaster step are slow, no & count

