

The One Thing I've Gotta Know

Count: 40

Wand: 4

Ebene: Improver

Choreograf/in: Monique Kelly Lee (SA)

Musik: Life Is a Rollercoaster - Ronan Keating



SIDE TAPS X4

- 1 Tap your right toe to the side
- 2 Cross right over left
- 3 Tap your left toe to the side
- 4 Cross left over right
- 5-8 Repeat steps 1-4

KICK BALL CHANGE, RIGHT SHUFFLE FORWARD

- 9&10 Kick right forward, step right next to left, step left next to right
- 11&12 Step right forward, step left next to right, step right forward

ROCK FORWARD, LEFT SHUFFLE BACK

- 13&14 Step forward left, step back right shifting weight from left to right
- 15&16 Step left back, step right next to left, step left back

ROCK BACK, CHASSE RIGHT

- 17&18 Step back right, step forward left
- 19& Step right to right side, step left next to right
- 20 Step right to right side

CROSS ROCK, CHASSE LEFT WITH ¼ TURN

- 21&22 Step right across left, step left in place
- 23& Step left to left side, step right next to right
- 24 Step left to left side while turning ¼ left

WALK FORWARD, RIGHT SHUFFLE FORWARD

- 25&26 Step forward right, step forward left
- 27&28 Step right forward, step left next to right, step right forward

ROCK FORWARD, LEFT COASTER STEP

- 29-30 Step forward left, step back right shifting weight from left to right
- 31&32 Step back on left, step right next to left, step left forward

JAZZ BOX WITH ¼

- 33-34 Cross step right over left, step back on left
- 35-36 Step ¼ turn to the right on right, step left next to right
- 37-40 Repeat steps 33-36

REPEAT
