

One Tender Night

Count: 32

Wand: 2

Ebene: Intermediate

Choreograf/in: Alan Robinson (UK)

Musik: A Little Bit Of Tenderness - J.C. Jones



ROCK, LEFT SHUFFLE WITH ½ TURN LEFT

- 1-2 Rock forward on left, replace weight on right
3&4 Step on left, step on right, step on left making ½ turn left

ROCK, RIGHT SHUFFLE WITH ½ TURN LEFT

- 5-6 Rock forward on right, replace weight on left
7&8 Step on right, step on left, step on right making ½ turn right

CHA-CHA BOX

Steps 9-16 form a complete box

- 9-10 Step forward on left, step right to right
11&12 Shuffle in place stepping left right left
13-14 Step back on right, step left to left
15&16 Shuffle in place stepping right left right

SHUFFLE FORWARD, STEP PIVOT

- 17&18 Shuffle forward stepping left right left
19-20 Step forward on right, pivot ½ left

SHUFFLE FORWARD, STEP ¾ TURN

- 21&22 Stepping right left right
23 Step forward on left
24 Step on to right with ¾ turn right

CROSS ROCK, SHUFFLE

- 25-26 Cross left over right, replace weight on right
27&28 Shuffle in place stepping left right left

CROSS, STEP, TURN, TOUCH

- 29-30 Cross right over left, step left to left
31-32 Cross right behind left turning ¼ right, touch back with left

REPEAT
