

# One Step Forward, Two Steps Back

**COPPER** **KNOB**  
BY STEPHEN

**Count:** 20

**Wand:** 4

**Ebene:** Beginner - straight rhythm

**Choreograf/in:** Betty Wilson (USA) & Charlotte Lucia (USA)

**Musik:** One Step Forward - Desert Rose Band



## STEP, TOUCH, BACK, TOGETHER, BACK, TOUCH, SIDE, TOGETHER

- 1 Step left foot forward
- 2 Touch right toes beside left foot
- 3 Step back on right foot
- 4 Step left foot together with right foot
- 5 Step right foot back
- 6 Touch left toes beside right foot
- 7 Step left foot side left
- 8 Step right foot beside left foot

## SIDE, TOUCH, FORWARD, TOUCH, BACK, TOGETHER, BACK, TOUCH

- 1 Step left foot side left
- 2 Touch right toes beside left foot
- 3 Step right foot forward
- 4 Touch left toes beside right foot
- 5 Step left foot back
- 6 Step right foot together with left foot
- 7 Step left foot back
- 8 Touch right toes beside left foot

## SIDE, TOGETHER, TURN, TOUCH

- 1 Step right foot side right
- 2 Step left foot together with right foot
- 3 Turn  $\frac{1}{4}$  right stepping right foot forward
- 4 Touch left toes beside right foot

**REPEAT**

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