

100 Mph

Count: 48

Wand: 4

Ebene: Improver

Choreograf/in: Leigh Moss (UK)

Musik: 100 MPH - El Presidente



RIGHT KICKS, RIGHT COASTER STEP, LEFT KICKS, LEFT COASTER STEP

- 1-2 Kick right foot forward, kick right foot to right side
- 3&4 Step back on right, step left beside right, step right forward
- 5-6 Kick left foot forward, kick left foot to left side
- 7&8 Step back on left, step right beside left, step left forward

ROCK, ½ SHUFFLE RIGHT, CHASSE LEFT, ROCK BACK, RECOVER

- 9-10 Rock forward on right, recover on left
- 11&12 Make half turn right into shuffle forward stepping right left right
- 13&14 Chasse to left
- 15-16 Rock back on right, recover on left

CHASSE RIGHT, ROCK & RECOVER, PIVOT ½ TURN STEP, SYNCOPATED LOCK STEP

- 17&18 Chasse to right
- 19-20 Rock back on right, recover on left
- 21-22-23 Step forward on left, ½ turn pivot step forward on left
- &24 Lock right behind left, step left forward

2X STEP ½ PIVOTS, MONTEREY ¼ TURN RIGHT

- 25-26 Step forward right, pivot ½ turn left
- 27-28 Step forward right, pivot ½ turn left
- 29-30 Point right to right side, turn ¼ right stepping right beside left
- 31-32 Point left to left side, touch left beside right

LEFT CHASSE, BACK ROCK. RIGHT CHASSE, BACK ROCK

- 33&34 Step left to left side, close right beside left, step left to left side
- 35-36 Rock back on right, recover on left
- 37&38 Step right to right side, close left beside right, step right to right side
- 39-40 Rock back on left, recover on right

REVERSE RONDE HALF TURN TO LEFT, FORWARD RONDE HALF TURN, KICK SWEEP BACK TWICE AND HOOK

- 41 Step left to left side
- 42 Sweep right behind left making ½ turn
- 43 Sweep left in front of right, making ½ turn
- 44 Kick right foot forward
- 45 Sweep right foot behind left
- 46 Kick left foot forward
- 47 Sweep left foot behind right
- 48 Hook right foot in front of left foot

REPEAT