

# On The Run

Count: 64

Wand: 2

Ebene: Intermediate/Advanced

Choreograf/in: Glennys Croston (UK)

Musik: Gloria - Laura Branigan



## **KICK, KICK, COASTER STEP, PIVOT HALF TURN, PIVOT HALF TURN**

- 1-2 Right kick, kick  
3&4 Right coaster step  
5-6-7-8 Step forward left, pivot half turn right and step forward left pivot half turn right

## **KICK, KICK, COASTER STEP, PIVOT HALF TURN, PIVOT HALF TURN**

- 9-16 Repeat above steps with left foot

## **WEAVE TO RIGHT, ROCK RIGHT, RECOVER QUARTER TURN LEFT, RIGHT, SHUFFLE FORWARD**

- 17-18-19-20 Step right to side, left behind right, right to side, cross left over right  
21-22 Rock right recover on left with quarter turn left  
23&24 Right shuffle forward

## **HEEL SWITCHES AND CLAP, RIGHT SHUFFLE FORWARD, PIVOT HALF TURN**

- 25&26 Left heel and right heel  
&27-28 And left heel clap  
&29&30 Right shuffle forward  
31-32 Step forward on left, pivot half right

## **HEEL SWITCHES CLAP, AND RIGHT SHUFFLE FORWARD, ROCK FORWARD ON LEFT AND RECOVER**

- 33&34 Left heel and right heel  
&35-36 And left heel clap  
&37&38 And right shuffle forward  
39-40 Rock forward on left, recover on right

## **HALF TURN TRIPLE STEP TO LEFT, SIDE BEHIND RIGHT CHASSE, CROSS ROCK LEFT OVER RIGHT RECOVER**

- 41&42 Half turn triple, step to left  
43-44 Step right to side, left behind  
45&46 Chasse to right  
47-48 Cross rock left over right, recover

## **LEFT CHASSE, CROSS ROCK RIGHT OVER LEFT, RECOVER, QUARTER TURN RIGHT, TRIPLE STEP, ROCK AND RECOVER**

- 49&50 Left chasse  
51-52 Cross rock, right over left, recover  
53&54 Quarter turn right, triple step  
55-56 Rock forward on left, recover

## **ROCK LEFT RECOVER ON RIGHT, COASTER STEP, STEP HOLD, CLAP, HALF TRIPLE STEP LEFT**

- 57-58 Rock left side, recover on right  
59&60 Left coaster step  
61-62 Step right, hold, clap  
63&64 Half triple step left

**REPEAT**

## **BRIDGE**

**Beginning of fourth wall do first 16 counts of dance then bridge:**

- 1-2 Step forward right, hold
- 3-4 Forward left, hold
- 5&6-7&8 Right kick ball change twice
  
- 9&10-11-12 Right shuffle forward, step half turn right
- 13&14-15&16 Left kick ball change twice
  
- 17&18-19-20 Left shuffle forward, step half turn left
- 21&22-23-24 Right shuffle forward, step half turn right
  
- 25&26-27-28 Left shuffle forward, step half turn left
- 29-30-31-32 Right toe strut forward, left toe strut forward
- 33-34-35-36 Right toe strut forward, left toe strut forward

## **FINISH**

**Facing home wall**

- 1-4 Touch right to side, step forward, touch left to side, step forward
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