

# On A Promise

Count: 64

Wand: 4

Ebene: Improver

Choreograf/in: Gaye Teather (UK)

Musik: Love on Arrival - Dan Seals



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## RIGHT SIDE ROCK, BACK ROCK, SIDE ROCK, CROSS, HOLD

- 1-4 Rock right foot to right side, recover onto left, rock back on right, recover onto left  
5-8 Rock right foot to right side, recover onto left, cross step right over left, hold

## LEFT SIDE ROCK, BACK ROCK, SIDE ROCK, CROSS, HOLD

- 9-12 Rock left foot to left side, recover onto right, rock back on left, recover onto right  
13-16 Rock left foot to left side, recover onto right, cross step left over right, hold

## RIGHT VINE, ½ TURN RIGHT, HITCH, SIDE-TOGETHER-FORWARD, HOLD

- 17-20 Step right to right side, cross left behind right, step right to right, on ball of right foot pivot ½ turn right, hitching left foot  
21-24 Step left foot to left, close right beside left, step forward on left, hold

## RIGHT VINE, ½ TURN RIGHT, HITCH, SIDE-TOGETHER-FORWARD, HOLD

- 25-32 Repeat steps 17-24

## RIGHT ROCKS FORWARD AND BACK, RIGHT LOCK FORWARD, HOLD

- 33-36 Rock forward on right, recover onto left, rock back on right, recover onto left (right rocking chair)  
37-40 Step forward on right, lock left behind right, step forward on right, hold

## LEFT ROCKS FORWARD AND BACK, LEFT LOCK FORWARD, HOLD

- 41-44 Rock forward on left, recover onto right, rock back on left, recover onto right (left rocking chair)  
45-48 Step forward on left, lock right behind left, step forward on left, hold

## STEP, ½ TURN STEP, HOLD, LEFT SIDE ROCK, CROSS, HOLD

- 49-52 Step forward on right, pivot ½ turn left, step forward on right, hold  
53-56 Rock left to left side, recover onto right, cross step left over right, hold

## RIGHT SIDE ROCK CROSS, HOLD, COASTER ¼ TURN RIGHT, HOLD

- 57-60 Rock right to right side, recover onto left, cross step right over left, hold  
61-64 Make ¼ turn right stepping back on left, close right beside left, step forward on left, hold

**REPEAT**

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