

Ole' Maria

Count: 64

Wand: 4

Ebene: Intermediate

Choreograf/in: Colleen Archer (AUS)

Musik: María - Ricky Martin



16-COUNT INTRO (ONE TIME ONLY)

- 1&2 Step right forward 45 degrees to right and push hips right-left-right
- 3&4 Step left forward 45 degrees to left and push hips left-right-left
- 5&6 Step right back 45 degrees to right and push hips right-left-right
- 7&8 Step left back 45 degrees to left and push hips left-right-left
- 9-16 Repeat last 8 beats

MAIN DANCE

- &1 Step right back, step left forward
- 2-3 Step right forward, lock left behind right
- 4 Step right to side
- 5&6 Shania shuffle - step/cross left over right, step right behind left step/cross left over right
- 7 Step right to side, turn $\frac{1}{4}$ turn left
- 8 Step forward on left

- 1-2 Stomp right beside left, hold 1 count & clap
- 3& Touch left toe to side, step left together
- 4& Touch right toe to side, step right together
- 5-6 Step left to side, step right behind left
- 7-8 Step left to side, touch right together & clap

- 1&2 Right shuffle to side (right-left-right), hinge turn on ball of right $\frac{1}{2}$ turn right
- 3&4 Left shuffle to side (left-right-left)
- 5& Touch right heel forward at 45 degrees, step right together
- 6& Touch left toe back, step left together
- 7-8 Touch right heel forward, hitch right knee & click fingers

- 1-8 Turn $\frac{1}{4}$ turn right and repeat last 8 beats

- 1&2 Step back 45 degrees on right & push hips right-left-right (turn body slightly right)
- 3&4 Step back 45 degrees on left & push hips left-right-left (turn body slightly left)
- 5&6 Leading with hip shuffle forward right-left-right
- 7&8 Turn $\frac{1}{2}$ turn right on ball of right foot & shuffle back left-right-left

- 1-8 Repeat last 8 beats

- 1-2 Long step right to side, hold 1 count (rolling hands in front)
- 3-4 Drag left foot over beside right (weight stays on right foot)

Last 4 counts: roll hands around each other, elbows bent

- 5-6 Step left foot back, rock forward on right foot
- 7&8 Turn $\frac{1}{2}$ turn right with triple step in place left-right-left

- 1-2 Long step right to side, hold 1 count (rolling hands in front)
- 3-4 Drag left foot over beside right (weight stays on right foot)

Last 4 counts: roll hands around each other, elbows bent

- 5-6 Step left foot forward, rock back on right foot

7&8

Turn $\frac{3}{4}$ turn left with triple step in place left-right-left

REPEAT
