

Old Timer's Cha

Count: 48

Wand: 1

Ebene: Improver

Choreograf/in: Kerry Harlen (NZ)

Musik: Ol' Country - Mark Chesnutt



I dedicate this dance to all the old timer's in my classes & to all those in my travels

LEFT CROSS ROCK CHA, RIGHT CROSS ROCK CHA

- 1 Step left across right, rock
- 2 Recover
- 3&4 Left, right, left cha
- 5 Step right across left, rock
- 6 Recover
- 7&8 Right, left, right cha

FORWARD ROCK, ¼ LEFT TURNING CHA, PIVOT ½ LEFT, ¼ LEFT TURNING CHA

- 9 Forward rock onto left
- 10 Recover right
- 11&12 While turning ¼ left, cha left, right, left
- 13 Right foot forward
- 14 Pivot ½ left
- 15&16 While turning ¼ left, cha right, left, right

CUBAN SWIVEL STEPS

- 17 Step left forward 45 degrees on ball of left
- 18 Swivel both heels left and roll hips left
- 19 Step right forward 45 degrees on ball of right
- 20 Swivel both heels right and roll hips right
- 21 Step left forward 45 degrees on ball of left
- 22 Swivel both heels left and roll hips left
- 23 Step right forward 45 degrees on ball of right
- 24 Swivel both heels left and roll hips right

ROCK FORWARD LEFT CHA, ROCK BACK RIGHT, LEFT ½ TURNING CHA, ROCK BACK LEFT

- 25 Rock forward left
- 26 Replace right
- 27&28 Left, right, left cha traveling back
- 29 Rock back onto right
- 30 Replace left
- 31&32 While turning ½ left, cha right, left, right
- 33 Rock back onto left
- 34 Replace right

RIGHT ½ TURNING CHA, ROCK BACK RIGHT FORWARD CHA

- 35&36 While turning ½ right, cha left, right, left
- 37 Rock back onto right
- 38 Replace left
- 39&40 Forward cha right, left, right

CUBAN HIP BUMPS

- 41-42 Step forward left turning ¼ right, rocking hips left, right

43-44 Step forward left turning $\frac{1}{4}$ right, rocking hips left, right
45-46 Step forward left turning $\frac{1}{4}$ right, rocking hips left, right
47-48 Step forward left turning $\frac{1}{4}$ right, rocking hips left, right

REPEAT
