

# Old Pop

Count: 32

Wand: 2

Ebene: Improver contra dance

Choreograf/in: Minna Liljamo (FIN)

Musik: Old Pop in an Oak - Rednex



## Dance in opposite lines

### HEEL-BALL-CROSSES, ROCK SIDE, SAILOR STEP

- 1&2 Touch right heel forward, step ball of right side, step left across right  
3&4 Repeat steps 1&2  
5-6 Rock right side, step left in place  
7&8 Cross right behind left, step left side, step right in place

### FORWARD SHUFFLES, PIVOT TURN, STEP SIDE

- 1&2 Shuffle forward left-right-left (crossing the opposite line)  
3&4 Shuffle forward right-left-right  
5-6 Step left forward, pivot  $\frac{1}{2}$  left (weight on right)  
7-8 Step left side, step right beside left

### HEEL SWITCHES, FORWARD SHUFFLE, KICK-BALL-STEP

- 1& Touch left heel forward, step left beside right  
2& Touch right heel forward, step right beside left  
3&4& Repeat steps 1&2&  
5&6 Shuffle forward left-right-left  
7&8 Kick right forward, step ball of right beside left, step left forward

### CLAPS, TOE TOUCHES

- 1-2 Clap hands with the dancer in front of you (1), clap your own hands together (2)  
3&4 Clap hands with the dancer in front of you (3), clap your own hands together twice (&4)  
5& Touch right toe side, step right beside left  
6& Touch left toe side, step left beside right  
7&8 Touch right toe side, hitch right knee, touch right beside left

### REPEAT

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