

Old Man Rhythm

Count: 32

Wand: 4

Ebene: Beginner east coast swing

Choreograf/in: Norma Jean Fuller (USA) & Mr. T. Haynes

Musik: Sea Cruise - Scooter Lee



STEP HITCH, STEP HITCH, BOOGIE WALKS BACK

- 1-2 Step right forward, hitch left leg scooting forward on right
- 3-4 Step left forward, hitch right leg scooting forward on left
- 5-6 Small step back on right, small step back on left
- 7-8 Repeat steps 5-6

Styling: shoulder drops right, left, right, left with pointer fingers pointing to floor on steps 5-8

VINE RIGHT, SIDE ROCK RECOVER CLAP, ROCK BACK RECOVER CLAP

- 1-2 Step to right on right, cross left behind right
- 3-4 Step to right on right, step cross left in front of right
- 5-6 Rock side right on right, recover left with a clap
- 7-8 Rock back on right, recover left with a clap

STEP HOLD, ¼ TURN PIVOT, HOLD, STEP HOLD, STEP HOLD

- 1-2 Step right forward, hold
- 3-4 Pivot turn ¼ left with weight on left, hold
- 5-6 Step right forward, hold
- 7-8 Step left forward, hold

TOE STRUTS FORWARD, ROCK STEPS

- 1-2 Right toe forward bending knee slightly, step down on heel
- 3-4 Left toe forward bending knee slightly, step down on heel
- 5-6 Rock right forward, recover to left
- 7-8 Rock right back, recover to left

REPEAT
