

# Off The Hook

Count: 32

Wand: 4

Ebene: Intermediate

Choreograf/in: Peter Metelnick (UK)

Musik: I'm Hooked - The Dean Brothers



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## RIGHT HEEL & HOOK, RIGHT FORWARD SHUFFLE, LEFT HEEL & HOOK, LEFT FORWARD SHUFFLE

- 1-2 Touch right heel forward, hook right foot across left leg  
3&4 Step right foot forward, step left foot together, step right foot forward  
5-6 Touch left heel forward, hook left foot across right leg  
7&8 Step left foot forward, step right foot together, step left foot forward

## RIGHT ROCK FORWARD & RECOVER, 2 TURNING SHUFFLES BACK, RIGHT ROCK BACK & RECOVER

- 9-10 Right rock forward & recover, 2 turning shuffles back, right rock back & recover  
11&12 Turning  $\frac{1}{2}$  right step right foot forward, step left foot together, step right foot forward  
13&14 Turning  $\frac{1}{2}$  right step left foot forward, step right foot together, step left foot back  
15-16 Rock step right foot back, recover weight on left foot

Option for those who don't like to turn - omit the  $\frac{1}{2}$  turns in counts 3&4 5&6 and simply shuffle back

## RIGHT TOE TOUCHES FORWARD & SIDE, RIGHT HOOK BEHIND, $\frac{1}{4}$ LEFT, RIGHT SIDE SHUFFLE, LEFT ROCK BACK & RECOVER

- 17-18 Touch right toes forward, touch right toes to right side  
19-20 Hook right foot behind left leg, with right leg hooked turn  $\frac{1}{4}$  left on the ball of left foot  
21&22 Step right foot to right side, step left foot together, step right foot to right side  
23-24 Rock left foot back, recover weight on right foot

## LEFT SIDE SHUFFLE, RIGHT ROCK BACK & RECOVER, $\frac{1}{2}$ RIGHT MONTEREY TURN

- 25&26 Step left foot to left side, step right foot together, step left foot to left side  
27-28 Rock step right foot back, recover weight on left foot  
29-30 Touch right toes to right side, step right foot together while turning  $\frac{1}{2}$  right on ball of left foot  
31-32 Touch left toes to left side, step left foot together

**REPEAT**

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