

Now I Know (P)

Count: 56

Wand: 0

Ebene: Partner

Choreograf/in: Ann Williams (UK)

Musik: Now I Know - Lari White



Position: Facing LOD in Right Open Promenade position. Holding inside hands. Opposite feet throughout

CROSS, BACK, TRIPLE STEP ¼ TURN, CROSS, BACK, TRIPLE STEP ¼ TURN

1-4 Step and cross right over left, step left back, triple step turning ¼ turn right to face partner

Briefly take up open double hand hold

5-8 Step and cross left over right, step right back, triple step turning ¼ turn left to face LOD

Release left hand, now facing LOD in open promenade position

TURN ¼, TOGETHER, SIDE SHUFFLE ¼ TURN, TURN ¼, TURN ¼, SHUFFLE

9-10 Step right forward turning ¼ turn left, step left beside right

11&12 Step right to right side, step left beside right, turn ¼ left stepping right back

Change hands as you turn to face RLOD

13-14 Turn ¼ left stepping onto left to left side, turn ¼ left stepping right forward

15&16 Left shuffle forward

As you turn to face LOD change hands, lady's left into man's right

WALK, WALK, SHUFFLE, WALK, WALK, SHUFFLE

17-20 Walk forward on right, left, right shuffle forward

21-24 Walk forward on left, right, left shuffle forward

As you walk forward change hands to man's hand on top

STEP, STEP, (LADY ½ TURN) SHUFFLE

25-26 **MAN:** Step in place on right, left

LADY: Step left forward turning ¼ turn right, turn ¼ turn right stepping right back

Pass joined hands over lady's head as she turns to face partner, RLOD take up open double hand hold

27&28 Right shuffle forward

ROCK, RECOVER, (LADY ROCKS BACK) TRIPLE STEP, (LADY: ½ TURN) STEP, STEP, (LADY: ½ TURN) TRIPLE STEP, STEP, STEP, TRIPLE STEP, (LADY FULL TURN)

29-30 Step and rock back on left, recover onto right

31&32 **MAN:** Triple step in place left, right, left

LADY: Triple step on right, left, right turning ½ turn left

Pass mans' left, lady's right hands over lady's head as she turns, when lady has her back to man start to lower left hand and raise right

33-34 **MAN:** Step in place on right, left

LADY: Continue turning another ½ turn left stepping on left, right

Raise right hand over lady's head as she turns and lower into crossed hands in front, mans' right, lady's left on top, make the rise and fall of hands a smooth and flowing movement, as you lower, swing hands slightly right then left to give momentum to next move

35&36 Triple step in place on right, left, right

37-40 **MAN:** Step in place on left, right, left shuffle moving slightly to left

LADY: Step on right, left, triple step making a full turn right

Pass hands over lady's head to end right shoulder to right shoulder, arms spread

WALK, WALK SHUFFLE PINWHEEL ½ TURN, WALK, WALK SHUFFLE ½ TURN, (LADY: CROSS, SIDE, TRIPLE STEP)

41-44 Walk forward on right, left, right shuffle, making ½ pinwheel turn to right

45-48 **MAN:** Walk forward on left, right, making ½ turn right passing behind lady, left shuffle forward

LADY: Step right to right side, step left beside right, right shuffle forward
Release left hand, raise right over lady's head into right open promenade position

STEP, PIVOT, SHUFFLE ½ TURN, ROCK, RECOVER, SHUFFLE

49-50 Step right forward, pivot ½ turn left to face RLOD release hands

51&52 Right shuffle making ½ turn left to face LOD rejoin inside hands

53-54 Step and rock back on left, recover onto right

55&56 Left shuffle forward

REPEAT
