

# Now I Know (P)

Count: 56

Wand: 0

Ebene: Partner

Choreograf/in: Ann Williams (UK)

Musik: Now I Know - Lari White



**Position: Facing LOD in Right Open Promenade position. Holding inside hands. Opposite feet throughout**

## **CROSS, BACK, TRIPLE STEP ¼ TURN, CROSS, BACK, TRIPLE STEP ¼ TURN**

1-4 Step and cross right over left, step left back, triple step turning ¼ turn right to face partner

**Briefly take up open double hand hold**

5-8 Step and cross left over right, step right back, triple step turning ¼ turn left to face LOD

**Release left hand, now facing LOD in open promenade position**

## **TURN ¼, TOGETHER, SIDE SHUFFLE ¼ TURN, TURN ¼, TURN ¼, SHUFFLE**

9-10 Step right forward turning ¼ turn left, step left beside right

11&12 Step right to right side, step left beside right, turn ¼ left stepping right back

**Change hands as you turn to face RLOD**

13-14 Turn ¼ left stepping onto left to left side, turn ¼ left stepping right forward

15&16 Left shuffle forward

**As you turn to face LOD change hands, lady's left into man's right**

## **WALK, WALK, SHUFFLE, WALK, WALK, SHUFFLE**

17-20 Walk forward on right, left, right shuffle forward

21-24 Walk forward on left, right, left shuffle forward

**As you walk forward change hands to man's hand on top**

## **STEP, STEP, (LADY ½ TURN) SHUFFLE**

25-26 **MAN:** Step in place on right, left

**LADY:** Step left forward turning ¼ turn right, turn ¼ turn right stepping right back

**Pass joined hands over lady's head as she turns to face partner, RLOD take up open double hand hold**

27&28 Right shuffle forward

## **ROCK, RECOVER, (LADY ROCKS BACK) TRIPLE STEP, (LADY: ½ TURN) STEP, STEP, (LADY: ½ TURN) TRIPLE STEP, STEP, STEP, TRIPLE STEP, (LADY FULL TURN)**

29-30 Step and rock back on left, recover onto right

31&32 **MAN:** Triple step in place left, right, left

**LADY:** Triple step on right, left, right turning ½ turn left

**Pass mans' left, lady's right hands over lady's head as she turns, when lady has her back to man start to lower left hand and raise right**

33-34 **MAN:** Step in place on right, left

**LADY:** Continue turning another ½ turn left stepping on left, right

**Raise right hand over lady's head as she turns and lower into crossed hands in front, mans' right, lady's left on top, make the rise and fall of hands a smooth and flowing movement, as you lower, swing hands slightly right then left to give momentum to next move**

35&36 Triple step in place on right, left, right

37-40 **MAN:** Step in place on left, right, left shuffle moving slightly to left

**LADY:** Step on right, left, triple step making a full turn right

**Pass hands over lady's head to end right shoulder to right shoulder, arms spread**

## **WALK, WALK SHUFFLE PINWHEEL ½ TURN, WALK, WALK SHUFFLE ½ TURN, (LADY: CROSS, SIDE, TRIPLE STEP)**

41-44 Walk forward on right, left, right shuffle, making ½ pinwheel turn to right

45-48 **MAN:** Walk forward on left, right, making ½ turn right passing behind lady, left shuffle forward

**LADY:** Step right to right side, step left beside right, right shuffle forward  
**Release left hand, raise right over lady's head into right open promenade position**

**STEP, PIVOT, SHUFFLE ½ TURN, ROCK, RECOVER, SHUFFLE**

49-50 Step right forward, pivot ½ turn left to face RLOD release hands

51&52 Right shuffle making ½ turn left to face LOD rejoin inside hands

53-54 Step and rock back on left, recover onto right

55&56 Left shuffle forward

**REPEAT**

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