

Now & Then

Count: 32

Wand: 4

Ebene: Beginner

Choreograf/in: Phil Carpenter (UK)

Musik: One Step at a Time - George Strait



RIGHT SHUFFLE FORWARD, LEFT SHUFFLE FORWARD, STEP, ¼ PIVOT TURN LEFT, STEP, ¼ PIVOT TURN LEFT

1&2 Right shuffle forward
3&4 Left shuffle forward
5-6 Right foot step forward, ¼ left
7-8 Right foot step forward, ¼ left
9-16 Repeat counts 1-8

RIGHT SHUFFLE FORWARD, ROCK FORWARD, RECOVER BACK, LEFT SHUFFLE BACK, ROCK BACK, RECOVER FORWARD

17&18 Right shuffle forward
19-20 Left foot rock forward, recover back on to left foot
21&22 Left shuffle forward
23-24 Right foot rock back, recover forward on to left foot

RIGHT CHASSE, CROSS ROCK, RECOVER, SIDE, CLOSE, (LEFT) STEP ¼ TURN LEFT, STEP PIVOT ½ TURN

25&26 Right shuffle to right side
27-28 Left foot cross rock, right foot recover back
29&30 Left foot to left side, right foot close next to left, left foot ¼ turn left
31-32 Right foot step forward, pivot ½ turn left

REPEAT
