

# Not No More

Count: 0

Wand: 4

Ebene: Intermediate two step

Choreograf/in: Carol Cotherman (USA)

Musik: My, Oh My - The Wreckers



Sequence: ABA, A(Restart after count 24), ABAA, A(Dance through count 24), B & Tag, A (to the end)

## PART A

### ROCKING CHAIR, ¼ TURN LEFT, STOMP, HOLD

1-2-3-4 Rock forward on right, recover on left, rock back on right, recover left  
5-6-7-8 Step forward on right, pivot ¼ turn left, stomp right, hold

### ROCKING CHAIR, ½ TURN RIGHT, STOMP, HOLD

1-2-3-4 Rock forward on left, recover on right, rock back on left, recover right  
5-6-7-8 Step forward on left, pivot ½ turn right, stomp left, hold

### VINE RIGHT, ½ TURN HITCH, VINE LEFT, SCUFF

1-2 Step right foot to right; step left behind right  
3-4 Turn ¼ right, stepping forward on right; turn ¼ right hitching left foot  
5-6 Step left foot to left; step right behind left  
7-8 Step left foot to left: scuff right

### JAZZ BOX ENDING IN SCUFF, TRIPLE STEP FORWARD, HOLD

1-2-3-4 Step right over left, step back on left, step right, scuff left  
5-6-7-8 Step forward on left, close right beside left, step forward left, hold

### TOUCH OUT, IN, OUT, HOLD, BEHIND, SIDE, CROSS. HOLD

1-2-3-4 Touch right toe to right, touch right toe by left foot, touch right toe to right, hold  
5-6-7-8 Step right behind left, step left to left, step right over left, hold

### TOUCH OUT, IN, OUT, HOLD, SAILOR ¼ LEFT, HOLD

1-2-3-4 Touch left toe to left, touch left toes by right foot, touch left toe to left, hold  
5-6-7-8 Make ¼ turn left by sweeping left behind right, step right by left, step forward on left, hold

### ROCKING CHAIR, STEP-LOCK-STEP, HOLD

1-2-3-4 Rock forward on right, recover on left, rock back on right, recover left  
5-6-7-8 Step forward on right, lock left behind right, step forward on right, hold

### KICK BALL STEP, HOLD, STEP ¾ PIVOT RIGHT, STOMP, HOLD

1-2-3-4 Kick forward with left, step left by right, step forward on right, hold  
5-6-7-8 Step forward on left, pivot ¾ right, stomp left, hold

## PART B

### RIGHT HEEL, LEFT HEEL, SWIVEL HEELS RIGHT (2X), SWIVEL HEELS LEFT & BACK

1-2-3-4 Touch right heel forward, step right back in place, touch left heel forward, step left back in place  
5-6-7-8 Swivel both heels to the right while knees bend pointing to the left, swivel heels back to center while straightening knees, repeat swivels  
9-10 Swivel both heels to the left while knees bend pointing to the right, swivel heels back to center (weight ending on right)

### LEFT HEEL, RIGHT HEEL, SWIVEL HEELS LEFT (2X), SWIVEL HEELS RIGHT & BACK

- |         |   |
|---------|---|
| 1-2-3-4 | Touch left heel forward, step left back in place, touch right heel forward, step right back in place  |
| 5-6-7-8 | Swivel both heels to the left while knees bend pointing to the right, swivel heels back to center while straightening knees, repeat swivels |
| 9-10    | Swivel both heels to the right while knees bend pointing to the left, swivel heels back to center (weight ending on left)                   |

## **TAG**

### **KICK BALL STEP, HOLD, STEP-LOCK-STEP FORWARD, HOLD, ½ PIVOT RIGHT**

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|---------|--|
| 1-2-3-4 | Kick forward with right, step right by left, step forward on left, hold    |
| 5-6-7-8 | Step forward on right, lock left behind right, step forward on right, hold |
| 9-10    | Step forward on left, pivot ½ turn right (weight change to right foot)     |

### **STEP-LOCK-STEP FORWARD, HOLD, KICKBALL STEP, HOLD**

- |         |  |
|---------|--|
| 1-2-3-4 | Step forward on left, lock right behind left, step forward on left, hold |
| 5-6-7-8 | Kick forward with right, step right by left, step forward on left, hold  |
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