

# Not A Day Goes By

Count: 48

Wand: 2

Ebene: Intermediate

Choreograf/in: Phil Partridge (UK)

Musik: Not a Day Goes By - Lonestar



## STEP SIDE, ROCK, RECOVER, SIDE BEHIND ¼, ½ TURN STEP, FULL TURN, WALK TWICE

- 1 Step left to left side
- 2&3 Rock back on right, recover on left, step right to right side
- 4& Step left behind right, ¼ turn right stepping forward right
- 5&6 Step forward left, ½ turn right stepping forward right, step forward left
- 7& ½ turn left stepping back right, ½ turn left stepping forward left
- 8& Walk forward right, left

## MAMBO, SWEEP BACK, ROCK RECOVER ½ TURN, SWEEP COASTER, STEP ¼ TURN

- 1&2 Rock forward on right, recover back on left, small step back on right
- &3 Sweep left foot round, step on left
- 4&5 Rock back on right, recover on left, ½ turn left sweeping left foot round
- 6&7 Step back on left, step right next to left, step forward left
- 8& Step forward right, ¼ turn left

## CROSS SHUFFLE, ½ TURN CROSS, ROCK RECOVER, BEHIND, SWAY TWICE, BEHIND SIDE FORWARD

- 1&2 Cross right over left, step left to left side, cross right over left
- &3& ¼ turn right stepping back left, ¼ turn right side stepping right, cross left over right
- 4&5 Rock right to right side, recover on left, cross right behind left
- 6-7 Sway left, sway right
- 8&1 Cross left behind right, side step right, step forward left

## STEP ½ TURN, ½ TURN, SLIDE, LEFT LOCK TO RIGHT DIAGONAL, RIGHT LOCK TO LEFT DIAGONAL

- 2-3 Step forward right, ½ turn left
- 4 ½ turn left stepping back right slide in left keeping weight on right
- 5&6 To right diagonal, step forward left, lock right behind left, step forward left
- 7&8 To left diagonal, step forward right, lock left behind right, step forward right

## CROSS BACK BACK TWICE, ROCK RECOVER, FULL TURN WALK TWICE

- 1&2 Cross left over right, step back on right, step back on left
- 3&4 Cross right over left, step back on left, step back on right
- 5-6 Rock back on left pointing right toe, recover forward on right

### Restart from here on wall 2

- 7& ½ turn right stepping back left, ½ turn right stepping forward right
- 8& Walk forward left, right

## MAMBO, FULL TURN, ROCK RECOVER, STEP SIDE, ROCK RECOVER

- 1&2 Rock forward on left, recover back on right, step back on left
- 3-4 ½ turn right stepping forward on right, ½ turn right stepping back on left
- 5-6 Rock back on right, recover forward on left
- 7-8& Step right to right side, rock back on left, recover forward on right

## REPEAT

## RESTART

Restart on wall 2, at front wall, after count 38

**Restart on wall 5, at front wall, after first 6 counts as follows**

- 1 Step left to left side
- 2&3 Rock back on right, recover on left, step right to right side
- 4& Step left behind right,  $\frac{1}{4}$  turn right stepping forward right
- 5-6 Step forward left,  $\frac{3}{4}$  turn right ending with weight on right

**Restart dance from top**

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