# Nostalgia

**Count:** 64

Wand: 4

Ebene: Intermediate/Advanced

Choreograf/in: Deb Crew (CAN)

Musik: Bend It Until It Breaks - John Anderson

This is a very smooth and graceful dance that requires some practice. Start dance when the artist begins his lyrics. I have choreographed rolling vines for steps 13-16 and steps 29-32 but straight 4 beat vines may be substituted.

## ROCK-STEP; STEP ACROSS, BRUSH

- 1-2 Rock to side right on right foot, step in place on left
- 3-4 Step right across left, brush the left

#### LEFT VINE WITH ½ TURN LEFT, BRUSH RIGHT

- 5-6 Step side left, step right behind left
- 7-8 Step 1/2 turn left on left foot, brush the right

#### **RIGHT VINE**

Step side right on right foot, step left behind right, step side right, touch left beside left 9-12

#### **ROLLING LEFT VINE**

- Rolling left vine: step left, step right, step left you should now have completed a full turn to 13-16 the left in 3 counts - touch right beside left (weight on left)
- 17-32 Repeat steps 1-16

## STEP FORWARD, TOGETHER, STEP FORWARD, TOUCH

- Step forward on right, step left together with right 33-34
- 35-36 Step forward on right, touch left beside right (weight on right)

## STEP BACK, TOGETHER, STEP BACK, TOUCH

- 37-38 Step back on left, step right together
- 39-40 Step back on left, touch right to left (weight on left)

#### STEP FORWARD, TOUCH, STEP BACK, TOUCH

- 41-42 Step forward on right, touch left heel forward
- 43-44 Step back on left, touch right toe beside left (weight on left)

## BALL-CROSS, STEP SIDE, STEP BEHIND, BALL-CROSS

- &45 Small step to the right side on right foot, cross & step left over right (weight on left)
- 46-47 Step side right, step left behind right
- &48 Small step to the right side on right foot, cross & step left over right (weight on left)

## STEP FORWARD, ½ TURN, ROCK-STEP, TURNING SHUFFLE

- 49-50 Step forward on the right, step 1/2 turn to the left on left foot
- 51-52 Rock forward on right, step in place on left
- 53&54 One 3-step shuffle while 1/2 turning to the right: right left right

## STEP FORWARD, ½ TURN, ROCK-STEP, TURNING SHUFFLE

- 55-56 Step forward on the left, step 1/2 turn to the right on right foot
- 57-58 Rock forward on the left, step in place on the right
- 59&60 One 3-step shuffle while 1/2 turning to the left: left right left





# STEP FORWARD, ½ TURN; STEP FORWARD ¾ TURN

61-62Step forward on the right, step ½ turn to the left on the left foot - pivoting on the right63-64Step forward on the right, step ¾ turn to the left on the left - pivoting on the right (weight on<br/>left)

# REPEAT