

No No's

Count: 32

Wand: 4

Ebene: Beginner

Choreograf/in: Stefan Ingemanson (SWE) & Lisen Persson (SWE)

Musik: I'm Not In the Mood (To Say No)! - Shania Twain



STEP, CLAP X3, KICK, SCISSOR STEP, STEP

- 1 Step right forward
- 2&3 Hold position and clap hands three times
- 4 Kick left forward
- 5-7 Step left to left side, step right beside left, cross left over right
- 8 Step right beside left

KICK BALL CHANGE, COASTER STEP, ROCK, ROCK

- 1&2 Kick left forward, step left beside right, step right beside left
- 3&4 Step left back, step right beside left, step left forward
- 5-6 Rock right to right side, recover weight to left
- 7-8 Rock right foot back, recover weight to left

TURN ¼ LEFT, TURN ½ LEFT, KICK, KICK, HOOK, KICK

- 1-2 Step right forward, turn ¼ left, weight on left
- 3-4 Step right forward, turn ½ left, weight on left
- 5-6 Kick right forward twice
- 7-8 Hook right in front of left shin, kick right forward

WALK BACK X3, KICK, STEP, STEP, CLAP X3

- 1-3 Walk back right, left, right
- 4-5 Kick left forward, step left to left side
- 6 Step right to right side
- 7&8 Clap hands three times as you changes weight to left

REPEAT
