

# No Milk Today

Count: 32

Wand: 4

Ebene: Beginner

Choreograf/in: Carmela Saliba

Musik: No Milk Today - Herman's Hermits



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## **FORWARD ROCK, SHUFFLE ½ TURN RIGHT, FORWARD ROCK, COASTER STEP**

- 1-2 Rock forward on right, rock back on left
- 3&4 Shuffle step ½ turn right, stepping right, left, right
- 5-6 Rock forward on left, rock back on right
- 7&8 Step back left, step right beside left, step forward left

## **FORWARD ROCK, SHUFFLE ½ TURN RIGHT, FORWARD ROCK, COASTER STEP**

- 1-2 Rock forward on right, rock back on left
- 3&4 Shuffle step ½ turn right, stepping right, left, right
- 5-6 Rock forward on left, rock back on right
- 7&8 Step back left, step right beside left, step forward left

## **KICK BALL CHANGE RIGHT, RIGHT CHASSE, KICK BALL CHANGE LEFT, LEFT CHASSE**

- 1&2 Kick right forward, step right beside left, step onto left in place
- 3&4 Step right to right side, close left beside right, step right to right side
- 5&6 Kick left forward, step left beside right, step onto right place
- 7&8 Step left to left side, close right beside left, step left to left side

## **SIDE STEP, CROSS BEHIND, CHASSE RIGHT, CROSS ROCK, ¼ LEFT TURN SHUFFLE FORWARD**

- 1-2 Step right to right side, cross left behind right
- 3&4 Step right to right side, close left beside right, step right to right side
- 5-6 Cross rock left over right, rock back onto right
- 7&8 ¼ turn left forward shuffle left, right, left

**REPEAT**

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