

# No Mercy

Count: 52

Wand: 4

Ebene:

Choreograf/in: Karla Carter-Smith (CAN)

Musik: Tearin' Up My Heart - \*NSYNC



## BASKETBALL PIVOTS, SCISSOR CROSS, STEP TOUCH & CLAP

- 1-2 Left foot stays in place thru this move right foot pivots  $\frac{1}{4}$  to left, right foot pivots  $\frac{1}{2}$  to right  
3 Right foot pivots  $\frac{1}{2}$  to left  
&4 Jump cross right foot over left and return  
5-6 Step forward on right foot turning to face the front, touch left foot beside and clap  
7-8 Right foot stays in place thru this move, left foot pivot  $\frac{1}{4}$  to right, left foot pivots  $\frac{1}{2}$  to left  
9 Left foot pivots  $\frac{1}{2}$  to right  
&10 Jump cross left foot over right and return  
11-12 Step forward on left foot turning to face the front, touch right foot beside and clap

## KICK & TOUCH, KICK & TOUCH

- 13&14 Kick right foot forward, return right foot to center and touch left behind  
15&16 Kick left foot forward, return left foot to center and touch right behind

## ROCK STEP CLAP, CLAP, ROCK STEP CLAP. CLAP

- 17& Right foot rock forward, left foot steps in place  
18& Right foot rocks back, left foot steps in place  
19&20 Right foot returns to center, and clap, clap  
21& Left foot rock forward, right foot steps in place  
22& Left foot rock back, right foot steps in place  
23&24 Left foot returns to center, and clap, clap

## FULL TURN

- 25-26 Step forward on right foot, pivot  $\frac{1}{2}$   
27 Cross right foot over left foot continuing to turn another  $\frac{1}{2}$  to left,  
28 Step left foot beside right to make a full turn

## SLIDE BACK

- &29-30 Place right foot behind with weight on left foot, roll hips forward(as in a body roll)  
&31-32 Slide back making the left foot take the place of your right foot, and placing right foot behind, roll hips forward

## OUT & CROSS & OUT, CLAP, CLAP

- &33 Step right foot to right side & left foot to left side  
&34 Cross right foot over left foot, left foot step in place  
&35 Step right foot to right side & left foot to left side)  
&36 Clap, clap

## HIP BUMPS FORWARD

- &37-38 Stepping forward on right foot & pushing hips twice to right  
&39-40 Stepping forward on left foot & pushing hips twice to left

## BOX STEP

- 41-42 Cross right foot over left, step back on left foot,  
43-44 Step right foot to right side turning  $\frac{1}{4}$  to left, step left foot beside

## HIP PUSHES

- 45-46 Step out to right with right foot pushing hips forward, step out to left with left foot pushing hips forward
- 47-48 Touch right to right side pushing hips forward, step on right foot pushing hips forward
- 49-50 Touch left to left side pushing hips forward, step on left foot pushing hips forward
- 51-52 Step out to right with right foot pushing hips forward, step out to left with left foot pushing hips forward

**REPEAT**

---