

9 To 5

Count: 32

Wand: 4

Ebene: Intermediate

Choreograf/in: Sharon Walton (UK)

Musik: 9 To 5 - Dolly Parton



STEP, LOCK, SHUFFLE FORWARD, SCUFF, STEP, LOCK, SHUFFLE FORWARD, SCUFF

- 1& Step forward on right, lock left behind right
- 2&3 Step forward right, close left beside right, step forward right
- 4 Scuff left forward
- 5& Step forward on left, lock right behind left
- 6&7 Step forward left, close right beside left, step forward left
- 8 Scuff right forward

MAMBO ROCKS AND RECOVER, TOE HEEL STOMP, REVERSE SHUFFLE TURN LEFT

- 9&10 Rock forward on right, rock back on left, step right on place
- 11&12 Rock back on left, rock forward on right, step left in place
- 13&14 Touch right toe to left instep, touch right heel to left instep, stomp right slightly forward
- 15&16 Cross left behind right make ½ turn left, stepping right forward, step left to left side

ROCK, WEAVE RIGHT WITH ¼ TURN RIGHT, WALK FORWARD, ROCK AND RECOVER

- 17&18 Cross rock right over left, step back left, step right in place
- 19&20 Cross left over right, step right to right side, cross left behind right
- &21 Step right ¼ turn right, walk forward on left
- 22 Walk forward on right
- 23&24 Rock forward on left, rock back on right, step left in place

SHUFFLE BACK, ROCK AND RECOVER, HEEL BALL TOUCH & TWICE

- 25&26 Step back right, close left beside right, step back right
- 27&28 Rock back on left, rock forward on right, step left beside right
- 29& Touch right heel forward, step ball of right foot beside left
- 30& Touch ball of left beside right, step left in place
- 31& Touch right heel forward, step ball of right foot beside left
- 32& Touch ball of left beside right, step left in place

REPEAT

TAG

To be danced after 3rd repetition only

TOE HEEL STOMP TWICE, SHUFFLE BACK, COASTER STEP

- 1&2 Touch right toe to left instep, touch right heel to left instep, stomp right slightly forward
 - 3&4 Touch left toe to right instep, touch left heel to right instep, stomp left slightly forward
 - 5&6 Step back right, close left beside right, step back right
 - 7&8 Step back left, step right beside left, step forward left
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