

# Nine Minutes

Count: 32

Wand: 4

Ebene: Improver

Choreograf/in: Craig 'n Karen (SCO)

Musik: Another Nine Minutes - Yankee Grey



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## ROCK, CROSS, ROCK BEHIND, UNWIND $\frac{3}{4}$ , STEP

- 1-2 Rock right to right side, recover on left
- 3-4 Step right over left, rock left to left side
- 5-6 Recover on right, step left behind right
- 7-8 Unwind  $\frac{3}{4}$  turn left, step forward right

## HEEL SWITCHES LEFT-RIGHT-LEFT, HOOK, SHUFFLE, FULL TURN RIGHT

- 9&10 Step left heel forward, step left foot in place, step right heel forward
- 11&12 Step right foot in place, step left heel forward, hook left in front of right
- 13&14 Shuffle forward on left-right-left
- 15-16 Step right back turning  $\frac{1}{2}$  turn right, step left forward turning  $\frac{1}{2}$  turn right

## ROCK, RIGHT SHUFFLE, LEFT SHUFFLE, TOE STRUTT, $\frac{1}{4}$ TURN TOE STRUTT

- 17-18 Rock back onto right, recover on left
- 19&20 Shuffle forward right-left-right
- 21&22 Shuffle forward left-right-left
- 23-24 Right toe strut, left toe strut turning  $\frac{1}{4}$  turn left

## RIGHT SAILOR, LEFT SAILOR TURN, KICK BALL CHANGE, STEP RIGHT, $\frac{1}{2}$ TURN LEFT

- 25&26 Step right foot back, step left foot to left side, step right foot to right side
- 27&28 Step left foot behind right turn  $\frac{1}{4}$  turn left, step left, right to right side, step left to left side
- 29&30 Kick right foot forward, step right in place, step left foot forward
- 31-32 Step right foot forward, pivot  $\frac{1}{2}$  turn left

**REPEAT**

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