

Nice'n E-Z

Count: 32

Wand: 4

Ebene: Beginner east coast swing

Choreograf/in: Mary Lou Crowe (USA)

Musik: Absolutely Everybody - Vanessa Amorosi



If the four sections of this dance are A-B-C-D, then the dance "Baby Don't Go" by Glynn Holt is identical, except danced A-D-B-C.

SIDE SHUFFLE RIGHT, ROCK STEP, SIDE SHUFFLE LEFT, ROCK STEP

- 1&2 Step right to right side, step left next to right, step right to right side
- 3-4 Rock back on left, recover onto right
- 5&6 Step left to left side, step right next to left, step left to left side
- 7-8 Rock back on right, recover onto left

SHUFFLE FORWARD, PIVOT ½ RIGHT, SHUFFLE FORWARD, PIVOT ½ LEFT

- 1&2 Step right forward, step left next to right, step right forward
- 3-4 Step left forward, turn ½ right weight on right
- 5&6 Step left forward, step right next to left, step light forward
- 7-8 Step right forward, turn ½ to left weight on left

JAZZ BOX ¼ TURN RIGHT, JAZZ BOX IN PLACE

- 1-2 Cross right over left, step back on left
- 3-4 Step on right turning ¼ to right, step left next to right
- 5-6 Cross right over left, step back on left
- 7-8 Step right to right side, step left next to right

TOUCH STEPS 4X

- 1-2 Touch right toe to right side, step right across left
- 3-4 Touch left toe to left side, step left across right
- 5-6 Touch right toe to right side, step right across left
- 7-8 Touch left toe to left side, step left across right

REPEAT
