

Never Get Up

Count: 64

Wand: 4

Ebene: Improver

Choreograf/in: Steve Dean (UK)

Musik: Coffee in Bed - Tom Paxton



ROCK STEPS (FORWARD, SIDE, BACK), TOUCH, SCUFF

- 1-2 Rock forward on right, recover on left
- 3-4 Rock side on right, recover on left
- 5-6 Rock back on right, recover on left
- 7-8 Touch right toe beside left, scuff right foot forward

STEP, LOCK, STEP, HOLD, STEP, ¼ TURN RIGHT, CROSS STEP, HOLD

- 9-12 Step forward right, close left behind right, step forward right, hold
- 13-16 Step forward left, ¼ turn to right, cross left over right, hold

SIDE ROCK CROSS, HOLD, SIDE ROCK CROSS, HOLD

- 17-18 Rock right to right side, rock onto left in place
- 19-20 Cross right over left, hold
- 21-22 Rock left to left side, rock onto right in place
- 23-24 Cross left over right, hold

BACK, LOCK, BACK, HOLD, ¾ TRIPLE TURN (LEFT), HOLD

- 25-28 Step back right, close left across right, step back right, hold
- 29-32 (Turning ¾ left) step left, right, left, hold

SIDE ROCK CROSS, HOLD, SIDE ROCK CROSS, HOLD

- 33-34 Rock right to right side, rock onto left in place
- 35-36 Cross right over left, hold
- 37-38 Rock left to left side, rock onto right in place
- 39-40 Cross left over right, hold

SIDE, ROCK, CROSS, BACK (¼ TURN RIGHT), BACK, FORWARD, TOUCH HOLD

- 41-43 Rock side right, recover on left, cross right over left
- 44-45 Step back on left (turning ¼ turn right), step back right
- 46-48 Step forward left, touch right to side, hold

STEP, LOCK, STEP, HOLD, ROCK, HOLD, RECOVER, HOLD

- 49-52 Step forward right, close left behind right, step forward right, hold
- 53-56 Rock forward left, hold, recover on right, hold

½ TURN, LOCK, STEP, HOLD, STEP, HOLD, ½ PIVOT TURN, HOLD

- 57-58 Step back left (turning ½ turn left), close right behind left
- 59-60 Step forward left, hold
- 61-62 Step forward right, hold
- 63-64 ½ pivot turn to left (weight on left foot), hold

REPEAT

RESTART

Restart on 2nd wall after 16 counts (restarts on verse vocals facing front wall)

Restart on 6th wall (right hand wall - 1st time facing that wall) after 32 beats

