Count: 32
Wand: 4
Ebene: Intermediate
Choreograf/in: Michael Barr (USA)
Musik: Soul Education - Jamiroquai

| BACK, WALK X 3 (LEFT RIGHT LEFT), KICK - BALL-CHANGE-STEP, STEP, $1 / 4$ TURN, CROSS |  |
| :--- | :--- |
| $\&$ | Small step back on ball of right foot (push off ball of right to start the walks) |
| $1-3$ | Walk forward left, right, left |
| $4 \& 5-6$ | Kick right foot forward, small step back on ball of right foot, step forward on left foot, step right <br> foot forward |
| $7 \& 8$ | Step forward on left foot, turn $1 / 4$ right taking weight right, step left foot across in front of right |

## $1 / 4$ TURN TOUCH, STEP, LOCK STEP - SYNCOPATED LOCK STEPS

1-2 Turn $1 / 4$ right touching right toe forward, step right foot forward
You can take both counts to fully complete the $1 / 4$ turn
3\&4 Step left foot forward, step right foot behind left (lock), step left foot forward
5\&6\& Step right foot forward, step left foot behind left (lock), step right foot forward, step left foot forward
$7 \& 8 \quad$ Step right foot behind left (lock), turn $1 / 4$ right stepping left foot in place, step right foot forward
STEP, KICK, BALL-CHANGE-STEP - LOCK STEP FORWARD, STEP ½ PIVOT
1-2 Small step forward on left foot, kick right foot side right
\&3-4 Step ball of right next to left, step left foot forward, step right foot forward
5\&6 Step left foot forward, step right foot behind left (lock), step left foot forward
7-8 Step right foot forward, pivot $1 / 2$ left taking weight onto left foot
If you like, try a "Shorty George" for counts 1-2\&3-4. I keep watching people do this step and hope to one day be able to look good doing it. Without being an expert I see and feel the step like this: After count 2, step onto the right foot for the ' $\&$ ' count and bend the knees slightly, keeping them close together, angled slightly left as you step forward for count 3 . Switch the diagonal for your step forward on count 4 , keeping the bend in the knees

## STEP, LIFT, TRIPLE FORWARD - STEP, LIFT, TRIPLE ½ TURN

1-2 Step right foot forward, lift left foot next to right calf (turn slightly right \& push your 'bum' back a little)
$3 \& 4$ Step left foot forward on right diagonal, step on ball of right next to left, turning slightly to the left step left foot forward on left diagonal ( $3 \& 4$ will resemble a twinkle)
Keep the diagonal slight and going forward
5-6 Step right foot forward, lift left foot next right calf (turn slightly right and push your 'bum' back a little)
7\&8 Step left foot forward (prep for $1 / 2$ turn left), turn $1 / 2$ left stepping back on right foot, take a small step back on left foot
Keep thinking 'back' because the first step of the dance is your small back step
REPEAT

