

My Sister Kate

Count: 0

Wand: 2

Ebene: Improver

Choreograf/in: Mare Dodd (USA)

Musik: Wish I Could Shimmy Like My Sister Kate - Ditty Bops



Sequence: A, A&, B, A, A&, B, B, A, A&, B

PART A

GRAPEVINE RIGHT WITH HITCH; ¼ LEFT PADDLE TURNS

- 1-3 Step right to right side, step left behind right, step right to right side
- 4 Hitch left
- 5-6 Touch left to left side; turn 1/8 to left
- 7-8 Touch left to left side; turn 1/8 to left (faces 3:00)

GRAPEVINE LEFT WITH HITCH: ¼ RIGHT PADDLE TURNS

- 1-3 Step left to left side, step right behind left, step left to left side
- 4 Hitch right
- 5-6 Touch right to right side; turn 1/8 to right
- 7-8 Touch right to right side; turn 1/8 to right (12:00, weight on left)

MODIFIED CHARLESTON WITH COASTER STEP & HOLD

- 1-2 Touch right toe forward; hold one count
- 3-4 Touch right toe back; hold one count
- 5-6-7 Left coaster step
- 8 Hold

STEP-HOLD - TURN ¼ LEFT HOLD TWICE

- 1-2 Step forward on right; hold one count
- 3-4 Turn ¼ left; hold one count
- 5-6 Step forward on right; hold one count
- 7-8 Turn ¼ left; hold one count (facing 6:00)

PART A&

Same as Part A & add these 8 counts:

- 1-4 Shimmy right
- 5-8 Shimmy left

PART B

- 1-24 Same as Part A except on count 24 you step right foot to right side (shoulder width apart) as you bend down to touch knees with right hand on right knee & left hand on left knee, then
- 1-2 Knee knockers: bringing knees together, cross right hand over left hand so that right hand is on left knee & left hand is on right knee
- 3-4 Taking knees apart, bring right hand back to right knee & left hand back to left knee
- 5-6 Bringing knees together, cross right hand over left hand so that right hand is on left knee & left hand is on right knee
- 7-8 Taking knees apart, bring right hand back to right knee & left hand back to left knee
- 1-32- Same as first 32 counts of Part A